

**6 OCTOBER**  
**± Apostle Thomas C1**  
**Metropolitan Innocent, Enlightener of the Aleuts C19**

**VESPERS**

**Lord I have cried**

Tone 4

<sup>1</sup> O Lord, I have cried to you, listen to me;  
O Lord, listen to me.  
O Lord, I have cried to you, listen to me;  
be attentive to the voice of my plea when I cry to you.  
O Lord, listen to me.

<sup>2</sup> Let my prayer be presented before you like incense,  
the raising of my hands be an evening sacrifice.  
O Lord, listen to me.

S6: O Lord, if you mark offences, who will stand?  
But there is forgiveness with you.

S5: O Lord, I have waited for you for your name's sake;  
my soul has waited for your word,  
my soul has hoped in the Lord.

Your hand probed the side of the Lord and found the perfection of all goodness and joy. Like a sponge you have thirsted for the water of life, the fountain of blessing and eternal gladness. Now you wash away ignorance from the minds of men and cause us to drink from the knowledge of the Lord. X2

S4: Let Israel hope in the Lord  
from morning watch until night,  
from morning watch.

S3: For there is mercy with the Lord  
and abundant redemption with *him*.  
He will redeem Israel from all his offences.

You have strengthened our faintheartedness by your doubt, which has been overcome by faith. You proclaim to all men, "See, my Lord and my God." He took flesh, came to earth for us and endured crucifixion and death. We take refuge in his side pierced with the lance and joyfully draw the water of life from the spring of salvation. X2

S2: Every nation, praise the Lord;  
every people, acclaim him!

S1: For his mercy is strengthened over us  
and the truth of the Lord remains for ever.

Most blessed Thomas, you are a fountain of divine knowledge for the godly-minded. You have touched the side of the Master of all; an act of boldness taught you that he is two natures in one person. You cried out, "You are both my Master and my eternal God; *you are* the Lord of glory who took flesh for my sake. X2

Glory: Tone 6

O apostle Thomas, faithful servant of the Lord and witness of his wonderful incarnation, you have sounded the depths of divine wisdom with the cross as your staff and measure; you have rescued us from the abyss of delusion. The net of your teaching has captured many souls, enlightened the inhabited earth with the knowledge of God and radiantly illuminated the Indies. Now that you delight in the glory of Christ our God, pray him to have mercy on our souls.

Both now:

Most holy Virgin, who will not bless you? Who will not sing about your most pure childbearing? O pure *Lady*, the uniquely-fathered Son shone timelessly from the Father, but was ineffably incarnate from you. He was God by nature, but became man for our sake. He was not divided into two persons, but known as one in two natures. O honourable and all-blessed lady, implore him to have mercy on our souls.

*Entrance*

**Phos Ilarón**

P/D: Wisdom! Stand upright!

1

O Jesus Christ, joyful light of the holy glory  
of the immortal, heavenly, holy, blessed Father,  
when we come to the setting of the sun  
and see the light of evening,  
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you  
with voices of praise,  
O Son of God *and* Giver of life.  
Therefore the world glorifies you.

**Prokeímonon**  
*Of the Day*

**Ektení**

**Prayer**

O Lord, allow us this night to be guarded from sin. Blessed are you, O Lord, God of our fathers! Praised and glorified be your name for ever. Amen. O Lord, let your mercy be on us, for we have hoped in you. Blessed are you, O Lord; teach me your statutes. Blessed are you, O Master; make me understand your statutes. Blessed are you, O Holy *One*; enlighten me with your statutes. O Lord, your mercy lasts for ever; do not overlook the work of your hands. To you belongs worship, to you belongs praise, to you belongs glory, to the Father, the Son and the Holy Spirit, both now and ever, and to ages of ages. Amen.

**Plirotiká**

**Prayer**

P: Peace be with you all. R: And with your spirit  
D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. *Amen*.

**Apósticha**

Tone 4

O blessed apostle Thomas, you are a pearl of great price drawn from the sea of doubt. Christ, the merciful Lover of man, has moulded your poverty and homeless wandering into riches and splendour. O faithful *apostle*, we rejoice as we celebrate your memory and bless you for all ages.

S1: His sound has gone out into all the earth  
and his words to the ends of the world. Ps 18  
O holy apostle Thomas, blessed disciple, you saw God in the flesh. You have made the Indies shine as bright as the sun. You enlightened the people and revealed them to be children of the light and the day. You overthrew their idols by the power of the Holy Spirit. You led men to partake of the perfect love of God, for they became the glory and honour of the Church through you; may we also be saved through your intercessions.

S2: The heavens declare God's glory  
*and* the firmament speaks about his handiwork.  
Your hand, directed with fearful boldness, dared to probe the wounds of the immortal Lord of glory. Most glorious wonder, your doubt was transformed into faith! You cried out, "You are my Lord and my God." I glorify you, O Lover of the human race, who by your passion has caused freedom from passion to flow for all those who believe in you.

Glory: Tone 6

O blessed apostle Thomas, after you had been instructed in the divine mysteries you became a chalice for Christ's wisdom, from which the faithful souls can joyfully drink. You drew people from the depth of despondency with the net of the Holy Spirit. You have gushed from Zion like a river of grace and make the currents of your divine teaching water the whole creation. Then after emulating Christ's suffering, you received a spear thrust in your side and entered the cloud of eternal life. Plead with the Lord to have mercy on our souls.

Both now: Tone 4

O Theotokos, you are the true vine loaded with the Fruit of life. Therefore, O Lady, together with the apostles, we implore you to pray for us to receive mercy for our souls.

### Song of Simeon

B/P: O Master, now let your servant depart in peace according to your word,  
<sup>2</sup> for my eyes have seen your salvation,  
 which you have prepared before all peoples,  
<sup>3</sup> a light of revelation for *the* nations  
 and *the* glory of your people Israel.

### Triságon Prayers

#### Apolytikia

Tone 3

O holy apostle Thomas, pray to the merciful God that he may grant our souls forgiveness for their failings.

Tone 3

O Virgin Theotokos, we praise you for mediating the Salvation of our race, for your Son and our God accepted suffering on the cross in the flesh which he took from you. He has freed us from corruption, for he is the Lover of the human race.

#### Dismissal

#### ORTHROS

#### God is the Lord Ps 117

R: God is the Lord and has appeared to us.

Blessed is the one who comes in the Lord's name. *Ps 117*

S1: Thank the Lord, for he is good,  
 for his mercy lasts for ever.

S2: All the nations surrounded me,  
 but I opposed them in the Lord's name.

S3: This *is* the Lord's doing  
 and it is wonderful in our eyes.

#### Apolytikia

Tone 3

O holy apostle Thomas, pray to the merciful God that he may grant our souls forgiveness for their failings.

Tone 3

O Virgin Theotokos, we praise you for mediating the Salvation of our race, for your Son and our God accepted suffering on the cross in the flesh which he took from you. He has freed us from corruption, for he is the Lover of the human race.

#### Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

#### Kathisma 1

Tone 5

Let us praise in hymns the memory of the apostle and disciple of Christ. He touched the print of the nails in a godly manner and sought the true faith. He has made our thoughts steady in this world and intercedes with the Saviour that our souls may find mercy.

Glory: Both now:

The Lord God assumed flesh in your womb for the sake of us mortals who were corrupted by sin. Fervently plead with him to have compassion on us, and to divert his anger and punishment from those who faithfully honour and celebrate the wonders of your grace and royal power.

#### Kathisma 2

Tone 4

O glorious apostle, you touched the Saviour's side and drew out from it the knowledge of God. You have drawn those on earth to the faith by your unbelief. Your whole body was pierced with spears; now you enlighten the souls of those who praise your holy dormition.

Glory: Both now:

You are the hope which will never let those who trust in you be shamed. Only you marvellously gave birth in the flesh to Christ our God. Plead with him, together with the holy apostles, to grant the world forgiveness of sins and to allow correction of life to all of us before the end.

#### Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

#### Psalm 50

O God, have mercy on me in your abundant mercy  
 and wipe out my offence through your great compassion.  
<sup>4</sup> Wash me thoroughly from my lawless act  
 and cleanse me from my sin.  
<sup>5</sup> For I know my lawlessness  
 and my sin is always before me.  
<sup>6</sup> I have sinned against you alone  
 and done this evil before you  
<sup>6b</sup> so that you might be justified in your words  
 and overcome when you are judged.  
<sup>7</sup> For see, I was conceived in lawlessness  
 and my mother gave birth to me in sin.  
<sup>8</sup> For see, you have loved truth  
 and revealed to me the hidden and secret *things* of your wisdom.  
<sup>9</sup> You will sprinkle me with hyssop and I will be clean;  
 you will wash me and I will become whiter than snow.  
<sup>10</sup> You will make me hear about joy and gladness;  
 the humbled bones will rejoice.  
<sup>11</sup> Turn your face from my sins  
 and wipe out all my lawlessness.  
<sup>12</sup> O God, create a pure heart within me  
 and renew an upright spirit within me.  
<sup>13</sup> Do not banish me from your presence  
 or remove your Holy Spirit from me.  
<sup>14</sup> Restore the joy of your salvation to me  
 and make me firm with your directing Spirit.  
<sup>15</sup> I will teach the lawless your ways  
 and the ungodly will return to you.  
<sup>16</sup> O God, set me free from the guilt of blood;  
 O God of my salvation,  
 my tongue will rejoice in your justice.  
<sup>17</sup> O Lord, you will open my lips  
 and my mouth will proclaim your praise.  
<sup>18</sup> For if you had wanted sacrifice, I would have given it;  
 you will not be pleased with burnt offerings.  
<sup>19</sup> Sacrifice for God is a broken spirit;  
 God will not despise a broken and humbled heart.  
<sup>20</sup> O Lord, be good to Zion in your pleasure  
 and let the walls of Jerusalem be built.  
<sup>21</sup> Then you will be pleased with a sacrifice of justice,  
 with an offering and burnt sacrifices;  
 then they will offer calves on your altar.

#### Kontáktion

Tone 4

Thomas, the faithful servant and disciple of Christ, was filled with divine grace and cried out from the depth of his love, "You are my Lord and my God."

#### Íkos

Peter called out to the divinely eloquent Thomas, the disciple of the Lord and great initiate of the mysteries, "We have seen the Lord." His friend said to him, "Unless I see the wounds of his hands, I will not believe." Then the Master of all, in his desire to save everyone, came as a servant and said to Thomas, "Touch my hands and my

side. Do not be unbelieving, for I am your Lord and God.” He cried out in repentance, “You are my Lord and my God.”

### Synaxáron

Today we remember the holy apostle Thomas. When Jesus spoke about his death, Thomas said, “Let us also go so that we may die with him.” (Jn 11:16) Later he voiced the concern, “Lord, we do not know where you are going. How can we know the way?” (Jn 14:5) O divine Son, the *apostle* who once put his hand into your side permitted his side to be opened for you. On the Sixth he was pierced with sharp spears.

On the same day we remember Innocent, Metropolitan of Moscow and Enlightener of the Aleuts C20

Together with them we remember:

New Martyr Makarios of Kion in Bithynia C16

O God, have mercy on us through their holy prayers. Amen.

### Katavasías

1: I will open my mouth and be filled with the spirit. I will sing a song to the Queen and Mother. I will come, rejoice in the feast and praise all her glory.

3: O Theotokos, living and inexhaustible fountain, in your divine glory spiritually establish your choir which is assembled in chorus. Make them worthy *to receive* crowns of glory in your mercy.

3: O Theotokos, living and inexhaustible fountain, strengthen those who are united in spiritual fellowship and who sing your praises. Make them worthy *to receive* crowns of glory in your divine glory.

4: The counsel of God cannot be scrutinised. The Most High was incarnate from a Virgin. The prophet Habakkuk foresaw this and cried, “Glory to your power, O God!”

5: O Virgin, all creation was amazed at your divine glory, for you knew no man. You held thee God of all in your womb and gave birth to the eternal Son. You order salvation for all those who praise you.

6: O devout people, come and clap hands while we observe this divine and most precious feast of the Mother of God. Let us glorify God who was born from her.

7: The devout youths worshipped the Creator rather than created things. They courageously trampled on the threatening fire and joyfully sang, “Blessed are you, most praised Lord, the God of our fathers.”

8: Let us praise, bless and worship the Lord. The *Lord* who was born from the Theotokos saved the holy children in the furnace. The one who was then prefigured has now been born on earth and gathers the whole inhabited earth to sing, “All you works of the Lord, bless the Lord and exalt him above all for ever.

### Ode 9

My soul glorifies the Lord  
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim  
and beyond compare more glorious than the Seraphim.  
You gave birth to God the Word without defilement;  
O true Theotokos, we glorify you.

<sup>2</sup> For he has regarded his servant’s humility;  
see, from now all generations will call me blessed. R:

<sup>3</sup> For the Almighty has accomplished great *things* for me  
and his name is holy.

His mercy is from generation to generation  
on those who fear him. R:

<sup>4</sup> He has accomplished strength with his arm  
and scattered the proud in the imagination of their hearts. R:

<sup>5</sup> He has put down the mighty from *their* thrones  
and exalted the humble.

He has satisfied the hungry with good *things*  
and dismissed the rich with nothing. R:

<sup>6</sup> He has helped his servant Israel  
in remembering his mercy,  
as he spoke to our fathers,  
to Abraham and his seed for ever. R:

9: Let every earthborn mortal spiritually rejoice and carry lamps. be radiant and spiritually leap for joy. Let the ranks of angelic powers celebrate as they honour the sacred wonders of the Theotokos and cry, “Hail, O pure and blessed Ever-virgin who gave birth to God!”

### Small Litany

P: For all the powers of heaven praise you, and to you we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*

### Exaposteilária

Tone 3

O apostle of Christ, you saw the merciful God, so grant peace to the whole world, victory to Christian people and forgiveness of sins for us. O Thomas, gain salvation for those who praise you, for you are a disciple and divine preacher.

O holy apostle Thomas, the great Sun, Christ, sent you to India as a brilliant beam vigorously to disperse the darkness of error, enlighten the people and initiate them into the worship of the divine Trinity who is our guard and salvation.

All-pure divine Mother, you are celebrated by the apostles, martyrs, prophets and holy monastics. O Theotokos, plead with your Son and Lord to receive his faithful servants when he is seated to administer just judgement for everyone.

### Praises

Tone 1

Let everything with breath praise the Lord.  
Praise the Lord from the heavens;  
praise him in the heights.  
To you, O God, is due a song.

Praise him, all his angels;  
praise him, all his powers.  
To you, O God, is due a song.

S4: Praise him with cymbal and dance;  
praise him with strings and flute.

S3: Praise him with tuneful cymbals;  
praise him with joyful cymbals.  
Let everything with breath praise the Lord.

O apostle Thomas, you followed Christ and despised the world. You laid up his teaching in your treasury and were revealed as sent by him. You lived among pagans whose souls were darkened by deception and passions, and you enlightened them with the Saviour’s commandments, so that they might believe in the consubstantial Trinity. X2

Tone 4

S2: His sound has gone out into all the earth  
and his words to the ends of the world. ps 18

O apostle Thomas, you enlightened your mind with the divine fire of the Master as a true disciple, for you drew the souls of the wicked from the depths of ignorance with the cross as a staff. You fished the darkened conscience of the people of India with the rod of the divine Spirit. Always pray to Christ our God to save us from the sight of the evil enemy so that our souls may be saved.

S1: The heavens declare God’ glory  
and the firmament speaks about his handiwork.

You abandoned the depths you had already fished and hurried to the rod of the cross with faith. O apostle Thomas, you fished for men with it. After you had touched the all-pure side of the Word, you were also allowed to feel with your fingers the wounds where the

nails had entered. Constantly and fervently plead with Christ our God to save our souls.

Glory: Tone 6

O apostle Thomas, since you were ablaze with the fire of the divine Spirit and rode on a chariot of the virtues, you were shown to be like Elias who rode on the chariot. For when you plumbed the depths of the sea of knowledge, you caught fish and brought them up from death to life. Therefore after you had enlightened the souls of the faithful with the rod of the Cross, you led them up from deadly deception to life. Now as you stand before Christ with the bodiless ones, continually implore him with fervour to save our souls.

Both now: Tone 4

O Theotokos, you are the true vine loaded with the Fruit of life. Therefore, O Lady, together with the apostles, we implore you to pray for us to receive mercy for our souls.

### Great Doxology

Glory to you who have shown us the light!  
glory to God in the highest!  
Peace on earth and goodwill to men!

<sup>2</sup> We praise you, we bless you, we worship you,  
we glorify you, we thank you for your great glory,

<sup>3</sup> O Lord King, heavenly God, almighty Father,  
O Lord, only-begotten Son, Jesus Christ,  
and you, O Holy Spirit!

<sup>4</sup> O Lord God, Lamb of God, Son of the Father,  
you take away the sin of the world;  
have mercy on us,

for you take away the sin of the world.

<sup>5</sup> Receive our prayer,  
for you sit on the right of the Father,  
and have mercy on us.

<sup>6</sup> For only you are holy, only you are Lord,  
O Jesus Christ, to the glory of God the Father. Amen.

<sup>7</sup> I will bless you every day  
and always praise your name for ever and ever. Ps 144

<sup>8</sup> O Lord, allow us this day  
to be guarded from sin.

<sup>9</sup> Blessed are you, O Lord God of our fathers!  
Praised and glorified be your name for ever. Amen. Daniel 3

<sup>10</sup> O Lord, let your mercy be on us,  
for we have hoped in you. Ps 32.

<sup>16</sup> Blessed are you, O Lord!  
Teach me your statutes. X3 Ps 118

<sup>12</sup> O Lord, you have been our refuge  
from generation to generation. Ps 89

I said, "O Lord, have mercy on me;  
heal my soul, for I have sinned against you." Ps 40

<sup>14</sup> O Lord, I have fled to you;  
teach me to do your will, for you are my God. Ps 142

<sup>15</sup> For with you is the source of life  
and in your light we will see light. Ps 35

<sup>16</sup> Stretch out your mercy  
to those who know you. Ps 35

### Triságion

### Apolytícion

Tone 3

O holy apostle Thomas, pray to the merciful God that he may grant our souls forgiveness for their failings.

### LITURGY

#### Antiphon 1 Ps 91 Tone 5

S1: It is good to thank the Lord  
and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

S2: To announce your mercy in the morning  
and your truth by night,

S3: For the Lord our God is upright  
and there is no injustice in him.

S4: Glory: Both now:

#### Antiphon 2 Ps 92 Tone 2

S1: The Lord reigns *and* is clothed with majesty;  
the Lord has put on power and clothed himself.

R: Save us, O Son of God. You are wonderful in your saints.  
We sing to you, "Alleluia!"

S2: For he founded the world which will not be moved.

S3: O Lord, holiness is right for your house  
to length of days.

S4: Glory: Both now:

*Monogenes*

#### Antiphon 3 Ps 18 Tone 3

S1: His sound has gone out into all the earth  
and his words to the ends of the world.

#### Antiphon 3 Ps 94 Tone 3

S1: Come, let us rejoice in the Lord,  
and shout with joy to God our Saviour.

R: O holy apostle Thomas, pray to the merciful God that he may grant our souls forgiveness for their failings.

S2: Let us enter his presence with thanksgiving  
and gladly cry to him with psalms,  
For the Lord is a great God  
and a high king over all the earth.

### Entrance Ps 94

Come, let us worship and fall down before Christ.  
Save us, O Son of God.  
You are wonderful in your saints.  
We sing to you, "Alleluia!"

### Apolytíkia

Tone 3

O holy apostle Thomas, pray to the merciful God that he may grant our souls forgiveness for their failings.

Tone 3

O Virgin Theotokos, we praise you for mediating the Salvation of our race, for your Son and our God accepted suffering on the cross in the flesh which he took from you. He has freed us from corruption, for he is the Lover of the human race.

*Of the Church*

### Kontákion

O unfailing protection of Christians and unchanging mediator before the Creator, do not despise the prayers of us sinners, but in your goodness extend your help to those of us who faithfully cry to you, "O Theotokos, you always protect those who honour you, so hurry to intercede for us and hasten to plead for us."

### Triságion

#### Prokeímenon Ps 18 Tone 8

R: His sound has gone out into all the earth.

S: The heavens declare God's glory.

### Apóstolos

From the First Letter of Paul to the Corinthians (4:9-16)

Brothers, "I think that God has shown us apostles to be last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. <sup>10</sup> We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honour, but we in disrepute. <sup>11</sup> To the present hour we are hungry and thirsty, we are poorly clothed, beaten and homeless; <sup>12</sup> we labour and work with our own hands. When reviled, we bless; when

persecuted, we endure; <sup>13</sup> when slandered, we try to conciliate; we have become, and are now, like the refuse of the world, the dregs of all things. <sup>14</sup> I do not write this to make you ashamed, but to warn you as my dear children. <sup>15</sup> For although you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. <sup>16</sup> I urge you, then, be imitators of me.

**Alleluia Ps 88 Tone 1**

S1: O Lord, the heavens will acknowledge your wonders.

S2: God is glorified in a council of the saints.

**Gospel**

From the Holy Gospel according to John (20:19-31)

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." <sup>20</sup> When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. <sup>21</sup> Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." <sup>22</sup> And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. <sup>23</sup> If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." <sup>24</sup> Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. <sup>25</sup> So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." <sup>26</sup> Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." <sup>27</sup> Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." <sup>28</sup> Thomas answered him, "My Lord and my God!" <sup>29</sup> Jesus said to him, "Have you believed because you have seen me, Thomas? Blessed are those who have not seen and yet believe." <sup>30</sup> Now Jesus did many other signs in the presence of the disciples, which are not written in this book; <sup>31</sup> but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

**Communion Ps 18**

His sound has gone out into all the earth  
and his words to the ends of the world. Alleluia!