

SUNDAY 1 SEPTEMBER 2019
+New Year
+Day of Prayer for the Environment
Stylite Simeon (Symeón) of Syria C5
Just Johua, Son of Nun C13 BC
11th Sunday Tone 2 & Eothinón 11

VESPERS

Lord I have cried

Tone 2

O Lord, I have cried to you, listen to me;

O Lord, listen to me.

O Lord, I have cried to you, listen to me;

Note the voice of my plea when I cry to you.

O Lord, listen to me.

² Let my prayer be directed before you like incense,
the raising of my hands be an evening sacrifice.

O Lord, listen to me.

S10: Lead my soul from prison that I may acknowledge your name.
Come and worship the Word of God *who was* begotten by the Father
before all ages and became incarnate from the Virgin Mary. When he had
endured the cross, he was buried, as he himself desired. When he rose
from the dead, he saved me, for I had strayed.

S9: The just will wait for me until you reward me.

Christ our Saviour nailed the bond against us to the cross; he made it of no
effect and destroyed the power of death. We fall down before his
resurrection on the third day.

S8: O Lord, I have cried to you from the depths;

O Lord listen to my voice.

Together with the archangels, let us praise the resurrection of Christ. He is
our Saviour and Redeemer. He is coming with awesome glory and mighty
power to judge the world which he formed.

Tone 1

S7: Let your ears note the voice of my plea.

S6: O Lord, if you mark offences, who will stand?

But there is forgiveness with you.

Let us cry out every day to the Creator with the very words of Christ himself. He taught this prayer to his disciples, "Our Father in heaven, give us today our daily bread and overlook our many sins." X2

S5: O Lord, I have waited for you for your name's sake;
my soul has waited for your word,
my soul has hoped in the Lord.

The Lord who wrote the law on Mount Sinai in days of old came incarnate to the town of Nazareth. Christ our God took the scroll of the prophet in his hands. After he had read from it, he rolled it up and taught the people that the scriptures reach their fulfilment in him.

Tone 5

S4: Let Israel hope in the Lord from morning watch until night,
from morning watch.

O venerable father, if it were possible for your pillar to speak, it would continually sing about your pains, your labours and lamentations. For it did not merely bear you, but it was itself borne like a tree and watered with your tears. The angels were amazed and men marvelled. O venerable Simeon, the demons feared your patience; pray that our souls may be saved.

S3: For there is mercy with the Lord
and abundant redemption with him.

He will redeem Israel from all his offences.

O venerable father, you emulated your Master through the power of the Divine Spirit when you mounted your pillar as though it were a cross. He tore apart the handwriting of all our sins, while you put down the uprisings of the passions. He was like a lamb, while you were like a sacrifice. He ascended the cross, while you ascended the pillar. O venerable Simeon, pray that our souls may be saved.

Tone 1

S2: Every nation, praise the Lord;
every people, acclaim him!

O Lover of the human race, keep the environment which clothes the earth unharmed so that we may be rescued from destruction and ruin, for we, your unworthy petitioners who inhabit the earth by your will, live, move and have our being in it.

S1: For his mercy is strengthened over us
and the truth of the Lord remains for ever.

O Christ our Saviour, surround the whole creation with the powerful strength of your love for the human race. Rescue the earth in which we live from the corruption that threatens it, for we, your servants, have hoped in you.

Glory: Tone 6

O Holy Spirit, one in being with the Son, who is the eternal Word, you create and sustain all visible and invisible matter together with him. Bless the crown of this year, and bring peace to your Orthodox people through the prayers of the Theotokos and all the saints.

Both now: Tone 2

The shadow of the Law passed when grace came. As the bush burned, yet was not consumed, so the Virgin gave birth, yet remained a virgin. The Sun of justice has risen instead of a pillar of flame and Christ, the salvation of our souls, instead of Moses.

Phos Ilarón

P/D: Wisdom! Stand upright!

O Jesus Christ, joyful light of the holy glory
of the immortal, heavenly, holy, blessed Father,
when we come to the setting of the sun
and see the light of evening,
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you
with voices of praise,
O Son of God *and* Giver of life.
Therefore the world glorifies you.

Prokeímenon

P/D: The Evening Prokeimenon

R: The Lord reigns *and* is clothed with majesty.

S1: The Lord has put on power and clothed himself.

S2: He founded the world, which will not be moved.

Readings

1: From the Prophecy of Isaiah (61:1-9)

The Lord says this:

¹The Spirit of the Lord God is on me,
because the Lord has anointed me.

He has sent me to bring good tidings to the afflicted,
to bind up the broken-hearted,

to proclaim liberty to the captives

and the opening of the prison to those who are bound,

²to proclaim the year of the Lord's favour
and the day of vengeance of our God,

to comfort all those who mourn,

to provide for those who mourn in Zion --

^{3b}to give them a garland instead of ashes,
the oil of gladness instead of mourning

and the mantle of praise instead of a faint spirit.

They will be called oaks of justice,

the planting of the Lord so that he may be glorified.

⁴They will build up the ancient ruins

and raise the former remains.

They will repair the ruined cities,

the remains of many generations.

⁵Aliens will stand and feed your flocks,

foreigners will be your ploughers and vinedressers.

⁶But you will be called the priests of the Lord;

men will speak about you as the ministers of our God.

You will eat the wealth of the nations

and glory in their riches.

⁷You will have a double portion instead of your shame;

you will rejoice in your lot.

Therefore you will possess a double portion in your land;

everlasting joy will be yours.

⁸For I the Lord love justice;

I hate robbery and wrong.

I will faithfully give them their recompense

and make an everlasting covenant with them.

⁹Their descendants will be known among the nations
and their children in the midst of the people.

All those who see them will acknowledge
that they are a people whom the Lord has blessed.

2: From the Book of Leviticus (26:3-12, 14-17, 19-24)

The Lord says this:

³"If you walk in my statutes and observe my commandments and do them,
⁴then I will give you your rains in their season, and the land shall yield its
increase, and the trees of the field shall yield their fruit. ⁵And your
threshing shall last to the time of vintage, and the vintage shall last to the
time for sowing; and you shall eat your bread to the full, and dwell in your
land securely. ⁶And I will give peace in the land, and you shall lie down,
and none shall make you afraid; and I will remove evil beasts from the
land, and the sword shall not go through your land. ⁷And you shall chase
your enemies, and they shall fall before you by the sword. ⁸Five of you
shall chase a hundred, and a hundred of you shall chase ten thousand; and
your enemies shall fall before you by the sword. ⁹And I will have regard
for you and make you fruitful and multiply you, and will confirm my
covenant with you. ¹⁰And you shall eat old store long kept, and you shall
clear out the old to make way for the new. ¹¹And I will make my abode
among you, and my soul shall not abhor you. ¹²And I will walk among
you, and will be your God, and you shall be my people. ¹⁴"But if you will
not hearken to me, and will not do all these commandments, ¹⁵if you spurn
my statutes, and if your soul abhors my ordinances, so that you will not do
all my commandments, but break my covenant, ¹⁶I will do this to you I
will appoint over you sudden terror, consumption, and fever that waste the
eyes and cause life to pine away. And you shall sow your seed in vain, for
your enemies shall eat it; ¹⁷I will set my face against you, and you shall be
smitten before your enemies; those who hate you shall rule over you, and
you shall flee when none pursues you ¹⁹and I will break the pride of your
power, and I will make your heavens like iron and your earth like brass;
²⁰and your strength shall be spent in vain, for your land shall not yield its
increase, and the trees of the land shall not yield their fruit. ²¹"Then if you
walk contrary to me, and will not hearken to me, I will bring more plagues
upon you, sevenfold as many as your sins. ²²And I will let loose the wild
beasts among you, which shall rob you of your children, and destroy your
cattle, and make you few in number, so that your ways shall become

desolate. ²³"And if by this discipline you are not turned to me, but walk contrary to me, ²⁴then I also will walk contrary to you, and I myself will smite you sevenfold for your sins.

3: From the Book of Wisdom (4:7-15)

The just man will be at rest
although he dies early.

⁸For old age is not honoured for length of time,
nor measured by number of years;

⁹but understanding is grey hair for men,
and a blameless life is ripe old age.

¹⁰There was one who pleased God and was loved by him,
and while living among sinners he was taken up.

¹¹He was caught in case evil change his understanding
or guile deceive his soul.

¹²For the fascination of wickedness obscures what is good
and roving desire perverts the innocent mind.

¹³Being perfected in a short time,
he fulfilled long years;

¹⁴for his soul was pleasing to the Lord,
therefore he took him quickly from the midst of wickedness.

¹⁵Yet the peoples saw and did not understand,
nor take such a thing to heart,

that God's grace and mercy are with his elect,
and he watches over his holy ones.

Ektení

Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you, O Lord, God of our fathers! Praised and glorified be your name for ever. Amen. O Lord, let your mercy be on us, for we have hoped in you. Blessed are you, O Lord; teach me your statutes. Blessed are you, O Master; make me understand your statutes. Blessed are you, O Holy *One*; enlighten me with your statutes. O Lord, your mercy lasts for ever; do not overlook the work of your hands. To you belongs worship, to you belongs praise, to you belongs glory, to the Father, the Son and the Holy Spirit, both now and ever, and to ages of ages. Amen.

Plirotiká

Prayer

P: Peace be with you all. R: And with your spirit

D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

Amen.

Apósticha

Tone 2

O Christ our Saviour, your resurrection has enlightened the whole inhabited earth and recalled your creation. O almighty Lord, glory to you!

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself. Ps 92

O Saviour, you destroyed the curse of the tree by the tree and killed the majesty of death by your burial. You have enlightened our race through your resurrection. O Giver of life, Christ our God, glory to you!

S2: For he founded the world which will not be moved. Ps 92

O Christ, when you were observed as you were nailed to the cross, you restored the beauty of your creatures. The soldiers showed their inhumanity when they pierced your side with a spear. The Hebrews, who did not understand your power, asked for your tomb to be sealed, but you accepted the grave and rose on the third day in the mercy of your compassion. O Lord, glory to you!

S3: O Lord, holiness is right for your house to length of days. Ps 92

O Christ, Giver of life, you willingly endured the passion for the sake of the dead. You descended into Hades as the mighty *Lord* to save those who waited for your coming and granted them the life of Paradise instead of Hades. Grant also to us, who glorify your resurrection on the third day, cleansing from our sins and great mercy.

Glory: Tone 5

O holy father, you found the ladder to heaven on which you climbed to the heights like Elias who ascended in the chariot of fire. He left no path for

others to find, but after your death, O heavenly man and earthly angel, your pillar remains as a sign for us all. O vigilant light of the world, Simeon the just, pray that our souls may be saved.

Both now:

O King, you remain unchanged throughout all ages without ceasing. Receive our humble prayers and save us poor sinners. Cause the earth to yield fruit in abundance. O Lover of the human race, send gentle showers to water the fields. Grant your faithful people victories over their adversaries as you upheld your dear David in battle. For you, O Christ our God, are the joy of the Orthodox people. Save us through the prayers of the Theotokos.

Song of Simeon

B/P: O Master, now let your servant depart in peace
 according to your word,
² for my eyes have seen your salvation,
 which you have prepared before all peoples,
³ a light of revelation for *the* nations
 and *the* glory of your people Israel.

Triságion Prayers

Apolytíkiá

Tone 2

O immortal Life, when you went down to death you destroyed Hades with the lightning flash of your Divinity. When from the depths you raised the dead, all the powers of heaven cried out, “O Giver of life, Christ our God, glory to you!”

Tone 2

O Creator of the inhabited earth, you appointed times by your own power. O Lord, bless the crown of this year with your goodness. Preserve your rulers and cities in safety and save us through the intercessions of the Theotokos.

Tone 4

O Lord our Saviour, as God you brought everything into existence by a word. You established laws and governed it precisely for your glory. At

the prayers of the Theotokos keep safe and unharmed every element which holds the world together and save the inhabited earth.

Tone 1

O holy one, you became a pillar of patience and emulated the ancestors. You became Job in sufferings, Joseph in trials and the public appearance of the bodiless powers while you were still in the body. O just father Simeon, intercede with Christ our God to save our souls.

Tone 7

Hail, O Full of Grace, ever-virgin Theotokos, harbour and protector of the human race! The Saviour of the inhabited earth received flesh from you, for you are the only *woman* to be both mother and virgin; you are blessed and glorified for ever. Plead with Christ our God to grant peace to the whole inhabited earth.

Dismissal

ORTHROS

God is the Lord Ps 117

R: God is the Lord and has appeared to us.

Blessed is the one who comes in the Lord's name. *Ps 117*

S1: Thank the Lord, for he is good,
for his mercy lasts for ever.

S2: All the nations surrounded me,
but I opposed them in the Lord's name.

S3: This *is* the Lord's doing
and it is wonderful in our eyes.

Apolytikia

Tone 2

O immortal Life, when you went down to death you destroyed Hades with the lightning flash of your Divinity. When from the depths you raised the dead, all the powers of heaven cried out, "O Giver of life, Christ our God, glory to you!"

Tone 2

O Creator of the inhabited earth, you appointed times by your own power. O Lord, bless the crown of this year with your goodness. Preserve your rulers and cities in safety and save us through the intercessions of the Theotokos.

Tone 4

O Lord our Saviour, as God you brought everything into existence by a word. You established laws and governed it precisely for your glory. At the prayers of the Theotokos keep safe and unharmed every element which holds the world together and save the inhabited earth.

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Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

Kathisma 1

Tone 2

The noble Joseph took down your most pure body from the tree and wrapped it in fine linen. He anointed it with spices and laid it for burial in a new tomb. But, O Lord, you rose on the third day and granted the world great mercy.

Glory:

The angel stood at the tomb and cried to the myrrhbearing women, "Myrrh is correct for the dead, but Christ has revealed himself a stranger to

corruption, so proclaim that the Lord is risen and grants the world great mercy.”

Both now:

O Lord, as God you maintain all things by a word and keep them in perfect harmony. Since you are compassionate, keep unchanged the environment which clothes creation. Through your ineffable power banish every harm from the earth.

Kathísma 2

You did not prevent the stone of the tomb from being sealed; you rose and granted the rock of faith to everyone. O Lord, glory to you.

Glory:

The choir of the disciples, joined the myrrhbearing women and rejoiced in unison. Therefore, together with them, we keep the feast to glorify and honour your resurrection. O Lord and Lover of the human race, grant your people great mercy through them.

Both now:

O Virgin, hurry to receive the prayers which we pour out to you. All-holy Lady, present them to your Son and God. Bring peace to those who resort to you in distress. Frustrate the schemes of the Evil One and overthrow the madness of the enemy who attacks your servants.

Evlogitária

Blessed are you, O Lord; teach me your statutes.

The assembly of angels was amazed when it saw you among the dead. O Saviour, by destroying the power of death, you raised Adam with you and freed everyone from Hades.

Blessed are you, O Lord; teach me your statutes.

The radiant angel cried to the Myrrhbearers from the tomb, "Why do you women mingle myrrh with your tears? Look at the tomb and understand. The Saviour has risen from the tomb.”

Blessed are you, O Lord; teach me your statutes.

The Myrrhbearers ran sorrowfully to your tomb very early in the morning, but an angel came to them and said, "The time for sorrow has come to an end. Do not weep, but announce the resurrection to the apostles."

Blessed are you, O Lord; teach me your statutes.

The Myrrhbearers were sorrowful as they approached your tomb, but the angel said to them: Why do you number the Living among the dead? As God he has risen from the tomb."

Glory:

We worship the Father, his Son and the Holy Spirit, the Holy Trinity, one in Being. We cry with the Seraphim, "Holy, Holy, Holy are you, O Lord."

Both now:

O Virgin, because you gave birth to the Giver of Life, you rescued Adam from his sin. You gave Eve joy instead of sadness. The Divine Man who was born from you has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to you, O God. (X3)

O our God and our hope, glory to you.

Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

Ypakói

Read without note

O Christ our God, the women went to the grave in order to anoint your body after the Passion. They saw angels in the tomb and were afraid, for they heard them say, "The Lord has risen and grants the world great mercy.

Anaváthmi Tone 2

Antiphon 1 Ps 122

O Saviour, I raise the eyes of my heart towards you;
save me with your illumination.

O my Christ, have mercy on us,
for we frequently and at every hour give you grief;

give us the means to turn back to you before the end.

Glory: Both now:

The rule, blessing and control of creation are the Holy Spirit's
for he is God, consubstantial with the Father and the Word.

Antiphon 2 Ps 123

If the Lord were not among us,
who could be protected from the murderous enemy?
O Saviour, do not hand over your servant to their teeth.
They move against me like a lion,
for they also are my enemies.

Glory: Both now:

The first cause of life and regal honour is the Holy Spirit's,
for as God, he gives all creatures power,
and guards them in the Father and the Son.

Antiphon 3 Ps 124

Those who put their trust in the Lord are like the Holy Mountain;
they are never shaken by the attacks of Beliar.
Do not let those who live for God
stretch out their hands to lawless deeds,
for Christ will not set aside the rod for his inheritance.

Glory: Both now:

All wisdom streams from the Holy Spirit.
Grace comes from him to the Apostles;
the Martyrs are crowned for their struggles
and the Prophets are given vision.

Prokeímenon Ps 7

R: O Lord my God, rise at the order which you have commanded.
and an assembly of people will gather round you.

S: O Lord my God, I have hoped in you.

Small Litany

For you are the King of Peace and Saviour of our souls, and we send up
glory to you, to the Father, the Son and the Holy Spirit, always, now and
for ever, and to the ages of ages. *Amen*

Kontákion

Tone 2

O God, you formed everything visible and invisible through your almighty strength. We plead with your goodness to keep unharmed the environment which surrounds the earth.

Íkos

O loving Saviour, we praise the revelations of your providence as well as your abundant saving power, because you have established laws and unchangeable rules for everything with ineffable wisdom, order and harmony, in order to protect us, your royal creation. O Lord, keep us unshaken from every corrupting activity, change and devastation, for you are the Guardian, Protector and Redeemer of all things. Preserve the essential power in them without change and especially guard the environment which surrounds the earth.

Synaxáron

You are the Ancient of Days and the New Adam. O Christ bless the Indiction of our New Year. Let us improve our environment during its course.

On the same day we commemorate our renowned father Simeon the Stylite of Syria who lived in the Fifth Century. He lived for thirty six years on his pillar of rock and gradually increased its height from ten to sixty feet. He made himself available for advice every afternoon. On the First Simeon went from height to height and was united to his Creator.

Together with him we remember:

Joshua the Just, Son of Nun C16 BC

Holy Forty Women Martyrs of Iráklia C4

Martha the Mother of Simeon C5

Monk Drithelm of Melrose C8

O God, have mercy on us through their holy prayers. Amen.

Katavasías

1: Moses inscribed the invincible weapon of the cross on the waters and marked a straight line before him with his staff. He divided the Red Sea and opened a path for Israel who went over dry shod. Then he marked a second line across the waters, united them in one and overwhelmed the

chariots of Pharaoh. Therefore let us sing to Christ our God, for he has been glorified.

3: The rod of Aaron is an image of this mystery; it comes into bud to show who should be priest. So also the wood of the Cross has now flowered in the Church that once was barren. It has filled her with strength and steadfastness.

4: O Lord, I have heard the mystery of your dispensation. I have considered your works and glorified your divinity.

5: O three times blessed tree, on which Christ the King and Lord was stretched, the beguiler who tempted the human race with the tree fell because of you. He was caught in the trap set by God who was crucified on you in the flesh and grants peace to our souls.

6: Jonah stretched out his hands in the form of a cross within the belly of the whale and plainly prefigured your redeeming passion. He was cast out after three days and foreshadowed the mighty resurrection of Christ our God who was crucified in the flesh and enlightened the world by his rising on the third day.

7: The senseless decree of the wicked tyrant confused the people and breathed out threats and blasphemy hateful to God. Yet neither the fury of wild beasts nor the roaring of the fire could frighten the three children. As they stood together in the flame and were fanned by the wind which brought refreshment like the dew, they sang, "Blessed are you and praised above all, our God and the God of our fathers!"

8: Let us praise, bless and worship the Lord.
O children, equal in number to the Trinity, bless God the Father and Creator. Sing the praises of the Word who descended and changed the fire to dew and exalt above all for ever the most Holy Spirit who gives life to all.

Gospel Dialogue

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen.*

R: Let everything with breath praise the Lord. *X3*

Praise God in his saints;

praise him in his mighty firmament. *Ps 50*

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy X3*

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to John.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

Eothinón Gospel 11

From the Holy Gospel according to John (21:15-25)

At that time Jesus revealed himself to his disciples after he had risen from the dead. And he said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." ¹⁶ A second time he said to him, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." ¹⁷ He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you."

Jesus said to him, "Feed my sheep. ¹⁸ Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go." ¹⁹ (This he said to show by what death he was to glorify God.) And after this he said to him, "Follow me." ²⁰ Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, "Lord, who is it that is going to betray you?" ²¹ When Peter saw him, he said to Jesus, "Lord, what about this man?" ²² Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" ²³ The saying spread abroad among the brothers that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?" ²⁴ This is the disciple who is bearing witness to these things, and who has written these things; and we

know that his testimony is true. ²⁵ But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written. Amen.

R: Glory to you, O Lord, glory to you.

Resurrection Ode

P/R: Now that we have seen the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. O Christ, we venerate your cross, and praise and glorify your holy resurrection; for you are our God, and we know no one else apart from you. We address your name. All you faithful, come and venerate Christ's holy resurrection. For see, joy has come into all the world through the cross. Let us always bless the Lord and praise his resurrection. For he has destroyed death by death by enduring the cross for us.

Psalm 50

O God, have mercy on me in your abundant mercy
and wipe out my offence through your great pity.
⁴ Wash me thoroughly from my lawless act
and cleanse me from my sin,
⁵ for I know my lawlessness
and my sin is always before me.
⁶ I have sinned against you alone
and done what is evil before you
^{6b} so that you might be right in your words
and overcome when you are judged,
⁷ for see, I was conceived in lawlessness
and my mother desired me in sin,
⁸ for see, you have loved truth
and shown me the mysteries and secrets of your wisdom.
⁹ You will sprinkle me with hyssop and I will be clean;
you will wash me and I will become whiter than snow.
¹⁰ You will make me hear about joy and gladness;
humbled bones will rejoice.
¹¹ Turn your face from my sins
and wipe out all my lawlessness.
¹² O God, make a pure heart within me

and renew an upright spirit within me.

¹³ Do not banish me from your presence
or remove your Holy Spirit from me.

¹⁴ Restore your saving joy to me
and strengthen me with your directing Spirit.

¹⁵ I will teach the lawless your ways
and the ungodly will return to you.

¹⁶ O God, God of my salvation, free me from bloodshed,
then my tongue will rejoice in your justice.

¹⁷ O Lord, you will open my lips
and my mouth will announce your praise,

¹⁸ for if you had wanted sacrifice, I would have given it;
you will not be pleased with burnt offerings.

¹⁹ Sacrifice for God is a broken spirit;
God will not despise a broken and humbled heart.

²⁰ O Lord, be good to Zion in your pleasure
and let the walls of Jerusalem be built,

²¹ then you will be pleased with a just sacrifice,
with an offering and burnt sacrifices;
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of the apostles.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy:

Jesus has risen from the tomb as he foretold
and grants us eternal life and great mercy.

Intercession

Short form

P/D: O God, save your people and bless your inheritance.

Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the

honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, of our renowned father Simeon the Stylite, and of all the saints. We ask you, only merciful Lord, “Listen to us sinners as we pray to you, and have mercy on us.”

Lord have mercy. XI2

Through the mercy, compassion and love for the human race of your only-begotten Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages. *Amen.*

Ode 9

My soul glorifies the Lord
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim
and beyond compare more glorious than the Seraphim.
You gave birth to God the Word without defilement;
O true Theotokos, we glorify you.

² For he has regarded his servant’s humility;
see, from now all generations will call me blessed. R:

³ For the Almighty has accomplished great *things* for me
and his name is holy.

His mercy is from generation to generation
on those who fear him. R:

⁴ He has accomplished strength with his arm
and scattered the proud in the imagination of their hearts. R:

⁵ He has put down the mighty from *their* thrones
and exalted the humble.

He has satisfied the hungry with good *things*
and dismissed the rich with nothing. R:

⁶ He has helped his servant Israel
in remembering his mercy,
as he spoke to our fathers,

to Abraham and his seed for ever. R:

9: O Theotokos, you are a mystical Paradise in which Christ blossomed. Through him the life-bearing wood of the Cross was planted on earth. Now at its elevation we bow in worship before it and glorify you.

Small Litany

P: For all the powers of heaven praise you, and to you we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*

Holy is the Lord

Holy is the Lord our God. X3

Exalt the Lord our God and worship at his footstool.
for he is holy.

Exaposteilária

Tone 8

After his resurrection, the Lord established Peter as a shepherd for his sheep when he asked him three times, "Do you love me?" When Peter saw the disciple whom Jesus loved following them, he asked the Lord, "What about this man?" The Lord said, "Dear Peter, if I want him to remain until I come, what is that to you?"

O Lord and God of gods, three persons yet unapproachable, the uncreated almighty Creator and Ruler of all, we fall down before you and pray, "O good *Lord*, bless this start of a new year. O compassionate *Master*, preserve Orthodox Christians and all your people in peace.

O venerable Simeon, your life shone like a radiant beacon; it illumines all the world with rays of miracles. O blessed *saint*, you prayed for us who honour you as you ascended to God on your pillar as though by a ladder, to the place where there is true fulfilment of all desires.

O Maker and Ruler of all creation, you have fixed the times and seasons in your authority; O compassionate *Lord*, crown the cycles of the year with blessings of goodness. Preserve your people in peace, unharmed and whole, through the prayers of the angels and the mother who gave you birth.

Praises

Tone 2

Let everything with breath
praise the Lord.
Praise the Lord from the heavens;
praise him in the heights.
To you, O God, is due a song.

Praise him, all his angels;
praise him, all his powers.
To you, O God, is due a song.

S8: This glory will be for all his holy ones.
O Lord, everything with breath glorifies you. For you, the only Lover of the human race, have destroyed death by your cross and revealed to the peoples your resurrection from the dead.

S7: Praise God in his saints;
praise him in his mighty firmament.
Do the Jews say that the soldiers who guarded the King destroyed him instead? Do they say that the stone did not preserve the Rock of life? Either let them give up the buried *Lord* or adore with us the one *who has* risen with us and say, “Glory to your great mercies! O Saviour, glory to you!”

S6: Praise him for his mighty *deeds*;
praise him for the abundance of his majesty.
O people, rejoice and be glad! An angel sitting on the stone has announced to us the glad news and said, “Christ, the Saviour of the world, has risen from the dead and filled everything with sweet fragrance.” O people, rejoice and be glad!

S5: Praise him with the trumpet sound;
praise him with lute and harp.
O Lord, before your conception an angel came with the greeting, “Hail!” to the *Lady* who was full of grace and an angel rolled the stone from your glorious tomb at your resurrection. The one announced the signs of joy in place of sorrow, the other proclaimed to us the life-giving Master in place

of death. Therefore we cry out to you, “O Lord and Benefactor of all, glory to you!”

Tone 3

S4: Praise him with cymbal and dance;
praise him with strings and flute.

O pre-eternal Word of the Father, being in the image of God, you have fixed the times and seasons by your authority. Bless the crown of the year with your goodness, grant peace to your Churches, victory to Orthodox Christians, abundance to the earth and great mercy to our souls.

Tone 4

S3: Praise him with tuneful cymbals;
praise him with joyful cymbals.

Let everything with breath praise the Lord.

O Christ our God, your Kingdom is the kingdom of all ages. Your dominion endures through all generations, for you have fashioned everything in wisdom and established the times and seasons for us. We give thanks for all things and cry out to you, "Bless the crown of the year with your goodness and allow us to cry out to you without condemnation, "Glory to you, O Lord!"

S2: We will be filled with the goodness of your house;
your temple is holy *and you are* marvellous in justice.

O God, your paths are great and wonderful beyond all ways. We glorify the power of your dispensation, for being Light of Light, you were well pleased, O Word, to come to your wretched world in order to destroy the primeval curse of ancient Adam. In your wisdom you have appointed times and seasons for us so that we may glorify your goodness which accomplishes everything. Glory to you, O Lord!

Tone 2

S1: O God, praise is due to you in Zion
and a vow will be repaid to you in Jerusalem. Ps 64

O Lord, when you strengthened the inhabited earth with your power, those who were stumbling clothed themselves with might. Women revealed manly courage in the face of the cruellest tyrants. They overcame the defeat of the mother of the human race, they regained the delights of

Paradise and were able to glorify you, for you were born from a woman and saved the human race.

Glory: Tone 2

The holy Simeon came like good fruit from healthy stock; he was nurtured from infancy more by grace than by milk. As he lifted his holy body on the pillar of stone and raised his mind to God, he fashioned a heavenly home with his virtues. He danced in the chorus with the hosts of God and became a dwelling place for Christ, the Saviour of our souls.

Both now: Tone 2

O Virgin Theotokos, you are most blessed, for through the One who was born of you, Hades has been captured and Adam recalled. The curse has been annulled, and Eve set free. Death has been slain, so we are given life. Blessed is Christ our God, whose good will it was. Glory to you!

Great Doxology

Glory to you who have shown us the light!

glory to God in the highest!

Peace on earth and goodwill to men!

² We praise you, we bless you, we worship you,
we glorify you, we thank you for your great glory,

³ O Lord King, heavenly God, almighty Father,
O Lord, only-begotten Son, Jesus Christ,
and you, O Holy Spirit!

⁴ O Lord God, Lamb of God, Son of the Father,
you take away the sin of the world;

have mercy on us,

for you take away the sin of the world.

⁵ Receive our prayer,

for you sit on the right of the Father,
and have mercy on us.

⁶ For only you are holy, only you are Lord,

O Jesus Christ, to the glory of God the Father. Amen.

⁷ I will bless you every day

and always praise your name for ever and ever. Ps 144

⁸ O Lord, allow us this day
to be guarded from sin.

⁹ Blessed are you, O Lord God of our fathers!

Praised and glorified be your name for ever. Amen. Daniel 3

¹⁰ O Lord, let your mercy *be* on us,
for we have hoped in you. Ps 32.

¹⁶ Blessed are you, O Lord!
Teach me your statutes. X3 Ps 118

¹² O Lord, you have been our refuge
from generation to generation. Ps 89

I said, "O Lord, have mercy on me;
heal my soul, for I have sinned against you." Ps 40

¹⁴ O Lord, I have fled to you;
teach me to do your will, for you are my God. Ps 142

¹⁵ For with you is the source of life
and in your light we will see light. Ps 35

¹⁶ Stretch out your mercy
to those who know you. Ps 35

Triságion

Resurrection Troparion

Today salvation has come to the world. Let us sing to the one who rose from the dead, the Author of our life. When he destroyed death by death, he gave us victory and great mercy.

LITURGY

Antiphon 1 Ps 91

S1: It is good to thank the Lord
and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

S2: To announce your mercy in the morning
and your truth by night,

S3: For the Lord our God is upright
and there is no injustice in him.

S4: Glory: Both now:

Antiphon 2 Ps 92

S1: The Lord reigns *and* is clothed with majesty;

the Lord has put on power and clothed himself,

R: Save us, O Son of God.
 You arose from the dead
 We sing to you, “Alleluia!”

S2: For he founded the world
 which will not be moved.

S3: Your throne *was* made ready in the past;
 you are from eternity.

Monogenes

Antíphon 3 Ps 94 Tone 2

S1: Come, let us rejoice in the Lord,
 and shout with joy to God our Saviour.

R: O immortal Life, when you went down to death you destroyed Hades with the lightning flash of your Divinity. When from the depths you raised the dead, all the powers of heaven cried out, “O Giver of life, Christ our God, glory to you!”

S2: Let us enter his presence with thanksgiving
 and gladly cry to him with psalms,

S3: For the Lord is a great God
 and a high king over all the earth.

Entrance Ps 94

Come, let us worship and fall down before Christ.
 Save us, O Son of God.
 You arose from the dead.
 We sing to you, “Alleluia!”

Apolytíkia

Tone 2

O immortal Life, when you went down to death you destroyed Hades with the lightning flash of your Divinity. When from the depths you raised the dead, all the powers of heaven cried out, “O Giver of life, Christ our God, glory to you!”

Tone 2

O Creator of the inhabited earth, you appointed times by your own power.
 O Lord, bless the crown of this year with your goodness. Preserve your rulers and cities in safety and save us through the intercessions of the Theotokos.

Tone 4

O Lord our Saviour, as God you brought everything into existence by a word. You established laws and governed it precisely for your glory. At the prayers of the Theotokos keep safe and unharmed every element which holds the world together and save the inhabited earth.

Tone 1

O holy one, you became a pillar of patience and emulated the ancestors. You became Job in sufferings, Joseph in trials and the public appearance of the bodiless powers while you were still in the body. O just father Simeon, intercede with Christ our God to save our souls.

*Of the Church***Kontákion**

Tone 2

O God, you formed everything visible and invisible through your almighty strength. We plead with your goodness to keep unharmed the environment which surrounds the earth.

Triságion**Prokeimenon Ps 146 & 134 Tone 4**

R: Great is our Lord and great is his strength!

There is no reckoning of his understanding.

S: Praise the Lord, for the Lord is good;

make melody to his name, for it is pleasant.

Apostolos

From the First Letter of Paul to Timothy (2:1-7)

My son Timothy, I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful and quiet lives in all

godliness and holiness. This is good, and pleases God our Saviour, who wants all men to be saved and to come to a knowledge of the truth. For there is one God and one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all men - the testimony given in its proper time. And for this purpose I was appointed a herald and an apostle - I am telling the truth, I am not lying - and a teacher of the true faith to the Gentiles.

Alleluia Ps 64 Tone 4

S1: O God, praise is due to you in Zion
and a vow will be repaid to you in Jerusalem.
S2: We will be filled with the goodness of your house;
your temple is holy
and you are marvellous in justice.

Gospel

From the Holy Gospel according to Luke (4:16-22)

At that time, Jesus went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. And he stood up to read. The scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written: "The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favour." Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him, and he began by saying to them, "Today this scripture is fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his lips.

Communion Ps 64

You will bless the crown of the year with your goodness;
your plains will be filled with richness. Alleluia!