

SUNDAY 4 AUGUST 2019
Seven Youths of Ephesus C3
7th Sunday Tone 6 & Eothinón 7

VESPERS

Lord I have cried

Tone 6

O Lord, I have cried to you, listen to me;
O Lord, listen to me.
O Lord, I have cried to you, listen to me;
Note the voice of my plea when I cry to you.
O Lord, listen to me.

² Let my prayer be directed before you like incense,
the raising of my hands be an evening sacrifice.
O Lord, listen to me.

S10: Lead my soul from prison that I may acknowledge your name.
O Christ, you were victorious over Hades. You ascended the cross
and raised with you those who sat in the shadow of death, for you are
free among the dead and pour out life from your light. O almighty
Saviour, have mercy on us.

S9: The just will wait for me until you reward me.
Today Christ has trampled on death, for he has risen as he said and
granted joy to the world, so that we may all sing this hymn, "O
unapproachable Light, Source of life, almighty Saviour, have mercy
on us."

S8: O Lord, I have cried to you from the depths;
O Lord listen to my voice.
O Lord, where shall we sinners flee from you, for you are in all
creation? In Heaven? It is there that you live. In Hades? It is there
that you trampled on death. In the depths of the sea? Even there is
your hand, O Master. As we flee to you and fall down before you,
we pray, "You rose from the dead; have mercy on us."

S7: Let your ears note the voice of my plea.
O Christ, we glory in your cross. We sing and honour your
resurrection. For you are our God and we know no one else apart
from you.

S6: O Lord, if you mark offences, who will stand?
But there is forgiveness with you.
We will always bless the Lord and sing about his resurrection, for he
endured the cross, and trampled down death by death.

S5: O Lord, I have waited for you for your name's sake;
my soul has waited for your word,
my soul has hoped in the Lord.
O Lord, your might is great, for you overthrew the one with the
power of death! You have renewed us by your cross, and grant us
life and incorruption.

S4: Let Israel hope in the Lord
from morning watch until night,
from morning watch.
O Lord, your burial destroyed the bonds of Hades. Your resurrection
from the dead enlightened the world. O Lord, glory to you!

Tone 4

S3: For there is mercy with the Lord
and abundant redemption with him.
He will redeem Israel
from all his offences.
The blessed youths were obedient to the commandments of God and
refused the ungodly commands of the tyrant. While in chains they
loosened the chains of error. They renounced the honour of the
world, obtained the honour that made them famous and gained for
themselves the joys of the kingdom on high.

S2: Every nation, praise the Lord;
every people, acclaim him!

1

You courageously clothed yourselves for the struggles of martyrdom.
While you prayed continually to the Lord to give you strength to
persevere, you were buried in a cave. The Lover of the human race
divinely commanded you all to sleep in peace for reasons only
known to himself.

S1: For his mercy is strengthened over us
and the truth of the Lord remains for ever.
The greatest mystery is prefigured by these saints. They did not
notice their death and were surprised when they woke. This miracle
happened to confirm the resurrection of the dead, so that those who
rejected the idea might come to believe in it as they glorify these
martyrs in faith.

Glory: Both now: Tone 6

Most holy Virgin, who will not bless you? Who will not sing about
your most pure childbearing? O pure *Lady*, the uniquely-fathered
Son shone timelessly from the Father, but was ineffably incarnate
from you. He was God by nature, but became man for our sake. He
was not divided into two persons, but known as one in two natures.
O honourable and all-blessed Lady, plead with him to have mercy on
our souls.

Phos Ilarón

P/D: Wisdom! Stand upright!
O Jesus Christ, joyful light of the holy glory
of the immortal, heavenly, holy, blessed Father,
when we come to the setting of the sun
and see the light of evening,
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you
with voices of praise,
O Son of God *and* Giver of life.
Therefore the world glorifies you.

Prokeímenon

P/D: The Evening Prokeímenon
R: The Lord reigns *and* is clothed with majesty.
S1: The Lord has put on power and clothed himself.
S2: He founded the world, which will not be moved.

Ektení

Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you,
O Lord, God of our fathers! Praised and glorified be your name for
ever. Amen. O Lord, let your mercy be on us, for we have hoped in
you. Blessed are you, O Lord; teach me your statutes. Blessed are
you, O Master; make me understand your statutes. Blessed are you,
O Holy *One*; enlighten me with your statutes. O Lord, your mercy
lasts for ever; do not overlook the work of your hands. To you
belongs worship, to you belongs praise, to you belongs glory, to the
Father, the Son and the Holy Spirit, both now and ever, and to ages
of ages. Amen.

Plirotiká

Prayer

P: Peace be with you all. R: And with your spirit
D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the
Father and the Son and the Holy Spirit, now and ever and to the ages
of ages. *Amen*.

Apósticha

Tone 6

O Christ our Saviour, the angels in heaven sing hymns to your
resurrection. Enable us who are on earth to glorify you with purity of
heart.

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself. Ps 92

You destroyed the gates of brass, broke the chains of Hades and raised the fallen human race, for you were almighty God. Therefore we cry out in unison, "O Lord, glory to you who rose from the dead!"

S2: For he founded the world which will not be moved. ^{Ps 92}
Christ who desired to restore us after our fall, was nailed to the cross and placed in a tomb. The myrrhbearing women sought him with tears and cried, "Woe to us, O Saviour! How do you stoop to live in the tomb? What place can hide your life bearing body? Come to us as you promised; take away our lamentation and tears." Then the angel appeared to them and cried, "End your lamentation. Go and proclaim to the apostles that the Lord has risen; he grants us pardon and great mercy."

S3: O Lord, holiness is right for your house to length of days. ^{Ps 92}
O Christ, you have been crucified as you determined and you captured death by your burial. You rose on the third day as God in glory, and have granted the world eternal life and great mercy.

Glory: Both now:

Most pure *Lady*, my Maker and Redeemer, Christ the Lord, came from your womb. By accepting my nature he freed Adam from the former curse. Therefore, O pure one, we continually proclaim the greeting of the angel to you, for you are the Mother of God and true Virgin. "Hail, O Lady, the protection, shelter, intercession and salvation of our souls."

Song of Simeon

B/P: O Master, now let your servant depart in peace according to your word,
² for my eyes have seen your salvation,
which you have prepared before all peoples,
³ a light of revelation for *the* nations
and *the* glory of your people Israel.

Triságon Prayers

Apolytikia

Tone 6

The angelic powers were at your tomb; the guards became like dead men. Mary stood beside your grave and sought your most pure body. You took Hades captive and came away from it unscathed. You met the Virgin and granted life. O Lord, you rose from the dead; glory to you!

As the *Lord* who called your mother blessed, you willingly came to the passion. You shone on the cross, wanted to recall Adam and said to the angels, "Rejoice with me, for the lost coin has been found." Our God, you have ordered everything in wisdom; glory to you!

Dismissal

ORTHROS

God is the Lord Ps 117

R: God is the Lord and has appeared to us.
Blessed is the one who comes in the Lord's name. ^{Ps 117}
S1: Thank the Lord, for he is good,
for his mercy lasts for ever.
S2: All the nations surrounded me,
but I opposed them in the Lord's name.
S3: This *is* the Lord's doing
and it is wonderful in our eyes.

Apolytikia

Tone 6

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to the angels, "Rejoice with me, for the lost coin has been found." Our God, you have ordered everything in wisdom; glory to you!

Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

Kathisma 1

Tone 6

When the tomb was opened, Hades lamented and Mary cried to the Apostles *who were* in hiding, "O workers of the vineyard, come out and proclaim the word of the resurrection, 'The Lord has risen and grants the world great mercy.'"

Glory:

Mary Magdalene stood beside your tomb and, because she thought that you were the gardener, said with loud lamentation, "Where have you hidden the Eternal Life? Where have you laid the one who sits on the throne of the Cherubim? Those who were guarding him have died with fright. Either give me my Lord or cry out with me, 'Glory to you, for you were among the dead, yet you made the dead rise!'"

Both now:

O Theotokos, Gideon foreshadowed your conceiving and David revealed your childbearing, for the Word descended into your womb like rain on the fleece. O holy *Lady*, full of grace, you brought into flower without seed the Salvation of the world; *he is* Christ our God.

Kathisma 2

Life lay in the tomb and the seal lay over the stone. The soldiers guarded Christ like a sleeping King. When he had invisibly struck his enemies, the Lord rose.

Glory:

O immortal Lord, Jonah prefigured your burial and Simeon foretold your divine resurrection. For you went down as a corpse into the tomb and shattered the gates of Hades. O Christ our God, Enlightener of those in darkness, you rose as Master without corruption for the salvation of the world.

Both now:

O Virgin Theotokos, pray to your Son, Christ our Lord, who was willingly nailed to the cross and rose from the dead so that he might save our souls.

Evlogitária

Blessed are you, O Lord; teach me your statutes.
The assembly of angels was amazed when it saw you among the dead. O Saviour, by destroying the power of death, you raised Adam with you and freed everyone from Hades.

Blessed are you, O Lord; teach me your statutes.
The radiant angel cried to the Myrrhbearers from the tomb, "Why do you women mingle myrrh with your tears? Look at the tomb and understand. The Saviour has risen from the tomb."

Blessed are you, O Lord; teach me your statutes.
The Myrrhbearers ran sorrowfully to your tomb very early in the morning, but an angel came to them and said, "The time for sorrow has come to an end. Do not weep, but announce the resurrection to the apostles."

Blessed are you, O Lord; teach me your statutes.
The Myrrhbearers were sorrowful as they approached your tomb, but the angel said to them: Why do you number the Living among the dead? As God he has risen from the tomb."

Glory:

We worship the Father, his Son and the Holy Spirit, the Holy Trinity, one in Being. We cry with the Seraphim, "Holy, Holy, Holy are you, O Lord."

Both now:

O Virgin, because you gave birth to the Giver of Life, you rescued Adam from his sin. You gave Eve joy instead of sadness. The Divine Man who was born from you has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to you, O God. (X3)
O our God and our hope, glory to you.

Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

Υπακοί

Read without note

O Christ, you have shattered the gates of Hades as God and have opened to us the former Paradise by your voluntary and life-giving death. You have saved our lives from corruption by rising from the dead.

Anaváthmi Tone 6

Antiphon 1 Ps 122

O Word, I raise my eyes to you in heaven;
have pity on me so that I may live for you.
O Lord, have mercy on us who are of no worth
and restore your vessels for service.

Glory: Both now:

The cause of salvation is in the Holy Spirit;
if he decides to breathe on one of these,
he quickly raises him from earthly things, gives him wings,
makes him grow and gives him standing above.

Antiphon 2 Ps 123

If the Lord had not been among us,
none of us could have firmly struggled with the enemy,
but the victors will be exalted.
O Word, do not let my soul be taken like a sparrow in their teeth.
Alas! How can I, a lover of sin, be set free from the enemies?

Glory: Both now:

Everyone is made divine
and given joy, peace and blessing through the Holy Spirit,
for he is equally active with the Father and the Lord.

Antiphon 3 Ps 124

Those who trust in the Lord are fearful to their enemies
and objects of wonder to everyone,
for their vision is above.
O Saviour, the land of the just has you for helper
and will not extend its hands to do wrong.

Glory: Both now:

The power over everyone is vested in the Holy Spirit;
the hosts of heaven worship him as also every earthly breath.

Prokeímenon Ps 79

R: O Lord, stir up your power and come to save us.
S: O Shepherd of Israel, listen.

Small Litany

For you are the King of Peace and Saviour of our souls, and we send up glory to you, to the Father, the Son and the Holy Spirit, always, now and for ever, and to the ages of ages. *Amen*

Kontáktion

When Christ our God, the Giver of life, raised all the dead from the valleys of misery with his mighty hand, he granted resurrection to the human race. He is the Saviour of all, the Resurrection, Life and God of all.

Íkos

O faithful, let us praise and venerate the tomb of the Giver of Life. For you, immortal *Lord*, have bound Hades as Almighty God and raised the dead. You have destroyed death and shattered the gates of Hades. Therefore those of us who live on earth glorify you with love, for you have risen, overthrown the might of the all-destroying

enemy, raised all those who have put their faith in you and rescued the world from the sting of the serpent. O Almighty *Lord*, you have saved us from the deceit of the enemy. Therefore we sing the praises of your resurrection through which you, who are the Resurrection, Life, and God of all, have saved us.

Synaxáριον

Today we remember the seven holy sleepers of Ephesus. They are Maximillíanos, Iámvlichos, Martiniános, Ioánnis, Dionysios, Konstantínos and Exakoustodiános. They gave the inhabited earth proof of the resurrection from the dead. On the Fourth the seven sleepers disappeared from sight.

Together with them we remember:

Martyr Elefthérios of Constantinople C4

Martyr Ia and Companions of Persia

O God, have mercy on us through their holy prayers. Amen.

Katavasías

1: The choirs of Israel passed through the depth of the Red Sea water without getting wet, but they saw the enemy host of Pharaoh drowned in the flood. They joyfully sang, "Let us sing to our God, for he has gloriously triumphed.

3: The bows of the powerful are broken, but the faltering put on strength. Therefore my heart rejoices in the Lord.

4: O Lord, O Christ our God, I have heard about the plan of your salvation, for you were born from the Virgin to save those who cry out, "Glory to your power, O Lord!"

5: O Christ, you made the light appear in the first night so that your works might celebrate you as Creator in full light. Guide our steps in your radiance.

6: I called to the Lord in my distress and the God of my salvation hurried to listen to me.

7: The sons of Abraham walked around in the fiery furnace in Babylon of old. They cried out joyfully with their hymns, "Blessed are you, O God of our fathers!"

8: Let us praise, bless and worship the Lord.
The young men burnt with zeal for God in Babylon, and courageously trampled down the tyrant's threat and the fire. They were thrown into the midst of the flames, but after they were refreshed with dew they sang, "All you works of the Lord, bless the Lord!"

Gospel Dialogue

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*.

R: Let everything with breath praise the Lord. X3

Praise God in his saints;
praise him in his mighty firmament. Ps 50

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy* X3

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to John.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

Eothinón Gospel 7

From the Holy Gospel according to John (20:1-10)
On the first day of the week Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. ² So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." ³ Peter then came out with the other disciple, and they went toward the tomb. ⁴ They both ran, but the other disciple

outran Peter and reached the tomb first; ⁵ and stooping to look in, he saw the linen cloths lying there, but he did not go in. ⁶ Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying, ⁷ and the napkin, which had been on his head, not lying with the linen cloths but rolled up in a place by itself. ⁸ Then the other disciple, who reached the tomb first, also went in, and he saw and believed; ⁹ for as yet they did not know the scripture, that he must rise from the dead. ¹⁰ Then the disciples went back to their homes.

R: Glory to you, O Lord, glory to you.

Resurrection Ode

P/R: Now that we have seen the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. O Christ, we venerate your cross, and praise and glorify your holy resurrection; for you are our God, and we know no one else apart from you. We address your name. All you faithful, come and venerate Christ's holy resurrection. For see, joy has come into all the world through the cross. Let us always bless the Lord and praise his resurrection. For he has destroyed death by death by enduring the cross for us.

Psalm 50

O God, have mercy on me in your abundant mercy
and wipe out my offence through your great pity.
⁴ Wash me thoroughly from my lawless act
and cleanse me from my sin,
⁵ for I know my lawlessness
and my sin is always before me.
⁶ I have sinned against you alone
and done what is evil before you
^{6b} so that you might be right in your words
and overcome when you are judged,
⁷ for see, I was conceived in lawlessness
and my mother desired me in sin,
⁸ for see, you have loved truth
and shown me the mysteries and secrets of your wisdom.
⁹ You will sprinkle me with hyssop and I will be clean;
you will wash me and I will become whiter than snow.
¹⁰ You will make me hear about joy and gladness;
humbled bones will rejoice.
¹¹ Turn your face from my sins
and wipe out all my lawlessness.
¹² O God, make a pure heart within me
and renew an upright spirit within me.
¹³ Do not banish me from your presence
or remove your Holy Spirit from me.
¹⁴ Restore your saving joy to me
and strengthen me with your directing Spirit.
¹⁵ I will teach the lawless your ways
and the ungodly will return to you.
¹⁶ O God, God of my salvation, free me from bloodshed,
then my tongue will rejoice in your justice.
¹⁷ O Lord, you will open my lips
and my mouth will announce your praise,
¹⁸ for if you had wanted sacrifice, I would have given it;
you will not be pleased with burnt offerings.
¹⁹ Sacrifice for God is a broken spirit;
God will not despise a broken and humbled heart.
²⁰ O Lord, be good to Zion in your pleasure
and let the walls of Jerusalem be built,
²¹ then you will be pleased with a just sacrifice,
with an offering and burnt sacrifices;
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of the apostles.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy:

Jesus has risen from the tomb as he foretold
and grants us eternal life and great mercy.

Intercession

Short form

P/D: O God, save your people and bless your inheritance. Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, of the seven holy sleepers of Ephesus, and of all the saints. We ask you, only merciful Lord, "Listen to us sinners as we pray to you, and have mercy on us."

Lord have mercy. X12

Through the mercy, compassion and love for the human race of your only-begotten Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages. *Amen.*

Ode 9

My soul glorifies the Lord
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim
and beyond compare more glorious than the Seraphim.
You gave birth to God the Word without defilement;
O true Theotokos, we glorify you.

² For he has regarded his servant's humility;
see, from now all generations will call me blessed. R:

³ For the Almighty has accomplished great *things* for me
and his name is holy.

His mercy is from generation to generation
on those who fear him. R:

⁴ He has accomplished strength with his arm
and scattered the proud in the imagination of their hearts. R:

⁵ He has put down the mighty from *their* thrones
and exalted the humble.

He has satisfied the hungry with good *things*
and dismissed the rich with nothing. R:

⁶ He has helped his servant Israel
in remembering his mercy,

as he spoke to our fathers,
to Abraham and his seed for ever. R:

⁹: The Lord to whom you gave birth is revealed as immortal. God himself determined to come from your womb. He was clothed in our flesh, appeared on earth and spoke to men. We glorify you with one heart.

Small Litany

P: For all the powers of heaven praise you, and to you we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*

Holy is the Lord

Holy is the Lord our God. *X3*

Exalt the Lord our God and worship at his footstool.
for he is holy.

Exaposteilária

Tone 7

When Mary said, "They have taken away my Lord," Simon Peter and the other disciple, the anointed of Christ whom Jesus loved, went quickly to the grave. They came and found the grave clothes in the

tomb, together with the napkin which had covered his head lying near them. Therefore they waited until they also had seen the Christ.

Glory: Both now:

Most merciful Christ, you performed great wonders for my sake. You were ineffably born from a Virgin, agreed to be crucified, suffered death and rose in glory to release our nature from the dead. Glory to your great power! O Christ, glory to you!

Praises

Tone 6

Let everything with breath
praise the Lord.
Praise the Lord from the heavens;
praise him in the heights.
To you, O God, is due a song.

Praise him, all his angels;
praise him, all his powers.
To you, O God, is due a song.

S8: This glory will be for all his holy ones.
O Lord, your cross is life and resurrection for your people. We place our trust in it and praise you as our risen God. Have mercy on us.

S7: Praise God in his saints;
praise him in his mighty firmament.
O Master, your burial has opened Paradise for the human race. We have been rescued from corruption and praise you, our risen God. Have mercy on us.

S6: Praise him for his mighty deeds;
praise him for the abundance of his majesty.
Let us praise Christ, together with the Father and the Spirit, *for he* has risen from the dead. Let us cry to him, "You are our Life and Resurrection, have mercy on us."

S5: Praise him with the trumpet sound;
praise him with lute and harp.
O Christ, you rose from the grave on the third day according to the Scriptures; you raised our forefather with you. Therefore the whole human race glorifies you and praises your resurrection.

S4: Praise him with cymbal and dance;
praise him with strings and flute.
O Lord, the mystery of your resurrection is great and dreadful. You came from the tomb like a Bridegroom coming from his room. You trampled down death by death in order to rescue Adam. Therefore, O Lover of the human race, the angels rejoice in heaven and men on earth glorify the compassion which you have shown us.

S3: Praise him with tuneful cymbals;
praise him with joyful cymbals.
Let everything with breath praise the Lord.
O lawless Jews, where are the seals and the silver pieces which you handed to the guards? The Treasure was not stolen, but rose in might. You have denied Christ and been put to shame. He is the Lord of glory who suffered, was buried and has risen from the dead. Let us adore him!

S2: O Lord God, rise; let your hand be exalted
and never forget the poor.
O Jews, how could you be robbed since the tomb was sealed? You placed the guards and fixed the seals, but the King has passed through closed doors. Either produce him as a corpse or worship him as God and sing with us, "O Lord, glory to your cross and resurrection."

S1: O Lord, I will thank you with all my heart;
I will recount all your wonders.
The myrrh-bearing women reached your tomb, the source of life, with loud lamentation. They wanted to anoint your most pure body. They found a radiant angel sitting on the stone, who spoke to them and said, "Why do you mourn for the *Lord* who has caused life to

flow from his side to the world? Why do you seek the immortal one among the dead in a tomb? Go quickly and tell his disciples the total joy of his glorious resurrection." O Saviour; enlighten us also with it; grant us forgiveness and great mercy.

Glory: Tone 7

O Mary, why did you stand at the grave to see the dawn and break of day? Your mind was covered with a great darkness and you asked him, "Where have they placed Jesus?" See how the disciples went quickly to the tomb, believed his resurrection because of the clothes and the napkin lying in the grave, and remembered what was predicted about him in the Scriptures. O Christ, Giver of life, we have believed through them and, together with them, also praise you.

Both now: Tone 2

O Virgin Theotokos, you are most blessed, for through the One who was born of you, Hades has been captured and Adam recalled. The curse has been annulled, and Eve set free. Death has been slain, so we are given life. Blessed is Christ our God, whose good will it was. Glory to you!

Great Doxology

Glory to you who have shown us the light!
glory to God in the highest!
Peace on earth and goodwill to men!
² We praise you, we bless you, we worship you,
we glorify you, we thank you for your great glory,
³ O Lord King, heavenly God, almighty Father,
O Lord, only-begotten Son, Jesus Christ,
and you, O Holy Spirit!
⁴ O Lord God, Lamb of God, Son of the Father,
you take away the sin of the world;
have mercy on us,
for you take away the sin of the world.
⁵ Receive our prayer,
for you sit on the right of the Father,
and have mercy on us.
⁶ For only you are holy, only you are Lord,
O Jesus Christ, to the glory of God the Father. Amen.
⁷ I will bless you every day
and always praise your name for ever and ever. Ps 144
⁸ O Lord, allow us this day
to be guarded from sin.
⁹ Blessed are you, O Lord God of our fathers!
Praised and glorified be your name for ever. Amen. Daniel 3
¹⁰ O Lord, let your mercy *be* on us,
for we have hoped in you. Ps 32.
¹⁶ Blessed are you, O Lord!
Teach me your statutes. X3 Ps 118
¹² O Lord, you have been our refuge
from generation to generation. Ps 89
I said, "O Lord, have mercy on me;
heal my soul, for I have sinned against you." Ps 40
¹⁴ O Lord, I have fled to you;
teach me to do your will, for you are my God. Ps 142
¹⁵ For with you is the source of life
and in your light we will see light. Ps 35
¹⁶ Stretch out your mercy
to those who know you. Ps 35

Triságion

Resurrection Troparion

Today salvation has come to the world. Let us sing to the one who rose from the dead, the Author of our life. After he had destroyed death by death, he gave us victory and great mercy.

LITURGY

Antiphon 1 Ps 91

S1: It is good to thank the Lord
and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

S2: To announce your mercy in the morning
and your truth by night,
S3: For the Lord our God is upright
and there is no injustice in him.
S4: Glory: Both now:

Antiphon 2 Ps 92

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself,

R: Save us, O Son of God.
You arose from the dead
We sing to you, "Alleluia!"

S2: For he founded the world
which will not be moved.
S3: Your throne *was* made ready in the past;
you are from eternity.

Monogenes

Antiphon 3 Ps 94

S1: Come, let us rejoice in the Lord,
and shout with joy to God our Saviour.

R: The angelic powers were at your tomb; the guards became like
dead men. Mary stood beside your grave and sought your most pure
body. You took Hades captive and came away from it unscathed.
You met the Virgin and granted life. O Lord, you rose from the
dead; glory to you!

S2: Let us enter his presence with thanksgiving
and gladly cry to him with psalms,
S3: For the Lord is a great God
and a high king over all the earth.

Entrance Ps 94

Come, let us worship and fall down before Christ.
Save us, O Son of God.
You arose from the dead.
We sing to you, "Alleluia!"

Apolytikia

Tone 6

The angelic powers were at your tomb; the guards became like dead
men. Mary stood beside your grave and sought your most pure body.
You took Hades captive and came away from it unscathed. You met
the Virgin and granted life. O Lord, you rose from the dead; glory to
you!

Of the Church

Kontáktion

Tone 7

O Christ God, you were transfigured on the mountain and your
disciples saw your glory as far as they could bear it, so that when
they would see you crucified, they could understand that your
suffering was voluntary, and would proclaim to the world that you
are truly the radiance of the Father.

Triságion

Prokeimenon Ps 27 Tone 6

R: O Lord, save your people
and bless your inheritance.
S: O Lord my God, I have cried to you;
O my God, do not be deaf to me.

Apóstolos

From the Letter of Paul to the Romans (15:1-7)
Brothers, we who are strong ought to bear with the failings of the
weak, and not to please ourselves. ² Let each of us please his
neighbour for his good, in order to edify him. ³ For Christ did not

please himself; but, as it is written, "The rebukes of those who
rebuked you fell on me." ⁴ For whatever was written in former days
was written for our instruction, so that by perseverance and by the
encouragement of the scriptures we might have hope. ⁵ May the God
of perseverance and encouragement grant you to live harmony with
one another according to Christ Jesus ⁶ that together you may with
one voice glorify the God and Father of our Lord Jesus Christ. ⁷
Welcome one another, therefore, as Christ has welcomed you, for the
glory of God.

Alleluia Ps 90 Tone 6

S1: Whoever settles with the help of the Most High
will stay under the shelter of the God of heaven.
S2: He will say to the Lord, "You are my support."

Sunday Matthew 7

From the Holy Gospel according to Matthew (9:27-35)
At that time as Jesus passed on from there, two blind men followed
him, crying aloud, "Have mercy on us, Son of David." ²⁸ When he
entered the house, the blind men came to him; and Jesus said to
them, "Do you believe that I am able to do this?" They said to him,
"Yes, Lord." ²⁹ Then he touched their eyes, saying, "According to
your faith be it done to you." ³⁰ And their eyes were opened. And
Jesus sternly charged them, "See that no one knows it." ³¹ But they
went away and spread his fame through all that district. ³² As they
were going away, behold, a dumb demoniac was brought to him. ³³
And when the demon had been cast out, the dumb man spoke; and
the crowds marvelled, saying, "Never was anything like this seen in
Israel." ³⁴ But the Pharisees said, "He casts out demons by the prince
of demons." ³⁵ And Jesus went about all the cities and villages,
teaching in their synagogues and preaching the of the kingdom, and
healing every disease and every infirmity.

Communion Ps 148

Praise the Lord from the heavens;
praise him in the heights. Alleluia!