

SUNDAY 10 FEBRUARY 2019
Hieromartyr Charalámbos and Companions of Magnesia C3
Sunday of Canaanite Woman
37th Sunday Tone 4 & Eothinón 4

VESPERS

Lord I have cried

Tone 4

O Lord, I have cried to you, listen to me;
 O Lord, listen to me.

O Lord, I have cried to you, listen to me;
 Note the voice of my plea when I cry to you.
 O Lord, listen to me.

² Let my prayer be directed before you like incense,
 the raising of my hands be an evening sacrifice.
 O Lord, listen to me.

S10: Lead my soul from prison that I may acknowledge your name.
 O Christ our God, we always honour your life-giving cross and
 glorify your resurrection on the third day. O almighty *Lord*, you
 have renewed the corrupt nature of the human race and revealed our
 way to heaven through it, for you are good and the Lover of the
 human race.

S9: The just will wait for me until you reward me.
 O Saviour, you abolished the penalty of the tree of disobedience by
 being nailed willingly to the tree of the cross. O almighty *Lord*, you
 broke the bonds of death as God by descending to Hades. Therefore
 we adore your resurrection from the dead and sing in joy, "Glory to
 you, O almighty Lord!"

S8: O Lord, I have cried to you from the depths;
 O Lord listen to my voice.
 O Lord, you smashed the gates of Hades and demolished the
 kingdom of death by your death. You rescued the human race from
 corruption and granted the world life, incorruption and great mercy.

S7: Let your ears note the voice of my plea.
 O people, come and sing about the Saviour's resurrection on the third
 day. We have all been freed by it from the unbreakable bonds of
 Hades; we have received life and incorruption. Therefore we cry in
 unison, "You were crucified, buried and rose again. Unique Lover of
 the human race, save us by your resurrection."

S6: O Lord, if you mark offences, who will stand?
 But there is forgiveness with you.
 O Saviour, angels and mortals sing about your resurrection on the
 third day. The ends of the inhabited earth have been enlightened by
 it and we have been rescued from bondage to the enemy. We cry, "O
 Life-creating and almighty Saviour, save us by your resurrection."

S5: O Lord, I have waited for you for your name's sake;
 my soul has waited for your word,
 my soul has hoped in the Lord.
 O Christ our God, you have shattered the gates of brass and
 destroyed the chains of death. You have raised the fallen human
 race. Therefore we cry in unison, "O Lord risen from the dead, glory
 to you!"

Tone 6

S4: Let Israel hope in the Lord from morning watch until night,
 from morning watch.

S3: For there is mercy with the Lord
 and abundant redemption with him.
 He will redeem Israel from all his offences.

You set yourself wholly apart for the Master from your youth; you
 desired him and followed in his steps. You were cleansed from the
 filth of passions and enriched with the grace of God to perform
 healing. You worked glorious wonders and became a martyr. You
 remained steadfast under every assault of the tortures through the
 power of the *Lord* who was killed on the cross. Earnestly pray to
 him for our souls. X2

S2: Every nation, praise the Lord; every people, acclaim him!
 O athlete, Charalámbos, although your blessed, enduring and
 invincible body was pierced with nails, you kept your soul steadfast
 and your mind unharmed. O glorious *bishop*, the desire of God made
 you burn and urged you to endure all kinds of torture. You were a
 passion-bearing martyr who shared in the sufferings of Christ. Pray
 to him boldly for our souls.

S1: For his mercy is strengthened over us
 and the truth of the Lord remains for ever.

You suffered and inherited truly brilliant joy, ineffable glory and
 eternal happiness. You were a renowned priest, revered athlete and
 brave warrior who drowned the armies and hosts of the Serpent in the
 streams of your blood. By grace and godly prayer you have truly
 raised the dead and pray boldly for our souls!

Glory: Both now: Tone 4

O Virgin, the prophet David was a forefather of God through you.
 He spoke beforehand about you in songs to the *Lord* who worked
 wonders in you, "At your right hand stood the queen." God, who
 was well-pleased to be incarnate from you without a father,
 announced you as mother and source of Life. He wanted to renew
 his fallen image, which had been corrupted by passion, so he found
 the lost sheep wandering on the mountain, placed it on his shoulders
 and brought it to his Father. He joined it to the heavenly powers by
 his own will. O Theotokos, Christ who has great and rich mercy, has
 saved the world.

Phos Ilarón

P/D: Wisdom! Stand upright!
 O Jesus Christ, joyful light of the holy glory
 of the immortal, heavenly, holy, blessed Father,
 when we come to the setting of the sun
 and see the light of evening,
 we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you
 with voices of praise,
 O Son of God *and* Giver of life.
 Therefore the world glorifies you.

Prokeímenon

P/D: The Evening Prokeímenon
 R: The Lord reigns *and* is clothed with majesty.
 S1: The Lord has put on power and clothed himself.
 S2: He founded the world, which will not be moved.

Ektení

Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you,
 O Lord, God of our fathers! Praised and glorified be your name for
 ever. Amen. O Lord, let your mercy be on us, for we have hoped in
 you. Blessed are you, O Lord; teach me your statutes. Blessed are you,
 O Master; make me understand your statutes. Blessed are you,
 O Holy *One*; enlighten me with your statutes. O Lord, your mercy
 lasts for ever; do not overlook the work of your hands. To you
 belongs worship, to you belongs praise, to you belongs glory, to the
 Father, the Son and the Holy Spirit, both now and ever, and to ages
 of ages. Amen.

Plirotiká

Prayer

P: Peace be with you all. R: And with your spirit
 D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the
 Father and the Son and the Holy Spirit, now and ever and to the ages
 of ages. *Amen*.

Apósticha

Tone 4

O Lord, you have annulled our ancestral curse by ascending the cross. You have freed those in chains throughout the ages by descending to Hades and have granted incorruption to the human race. Therefore we glorify your life-giving and saving resurrection with hymns.

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself. Ps 92

Uniquely-powerful Lord, you made the whole creation quake by hanging on the tree. You have raised those who lived in the tombs by being laid in the tomb; you have granted life and incorruption to the human race. Therefore we glorify your resurrection on the third day with hymns.

S2: For he founded the world which will not be moved. Ps 92
O Christ, a lawless people handed you over to Pilate and condemned you to be crucified, therefore they proved themselves ungrateful before their Benefactor. You willingly endured burial, rose by your own power on the third day and granted us eternal life and great mercy, for you are God.

S3: O Lord, holiness is right for your house to length of days. Ps 92
The women reached your tomb with tears, searched for you, but did not find you. They cried out with grief, "Woe to us! Our Saviour, King of all, how were you stolen? What place can hold your life-bearing body?" But an angel replied to them, "Do not weep but go and proclaim that the Lord has risen and grants us joy, for he is the uniquely-compassionate *Lord*."

Glory: Both now: Tone 4

All-blameless *Lady*, regard the pleas of your servants. Stop every terrible attack against us and free us from every affliction, for we only have you as our sure and firm anchor, and have obtained your protection. O Lady, do not let us be shamed, but hurry to listen to the pleas of those who address you with faith, "Hail, O Lady, help of everyone, joy, shelter and salvation of our souls!"

Song of Simeon

B/P: O Master, now let your servant depart in peace
according to your word,
² for my eyes have seen your salvation,
which you have prepared before all peoples,
³ a light of revelation for *the* nations
and *the* glory of your people Israel.

Triságon Prayers

Apolytikia

Tone 4

When the women disciples of the Lord learnt from the angel the joyful message of your resurrection, they cast away the ancestral curse and elatedly told the Apostles, "Death is overthrown. Christ our God has risen and grants the world great mercy."

Tone 4

O Lord our God, your holy martyr Charalámbos has received an incorruptible crown from you because of his struggle. For since he had your strength, he laid low the tyrants and shattered the powerless audacity of demons. Save our souls through his prayers.

O Theotokos, the mystery hidden from eternity and unknown to the angels, is revealed to those on earth through you. God was incarnate from you in a union without confusion and of his own will freely endured the cross for us. He raised the first-formed man and has saved our souls from death.

Dismissal

ORTHROS

God is the Lord Ps 117

R: God is the Lord and has appeared to us.
Blessed is the one who comes in the Lord's name. Ps 117
S1: Thank the Lord, for he is good,

for his mercy lasts for ever.
S2: All the nations surrounded me,
but I opposed them in the Lord's name.
S3: This *is* the Lord's doing
and it is wonderful in our eyes.

Apolytikia

Tone 4

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Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

Kathisma 1

Tone 4

The myrrh-bearing women looked at the entrance of the tomb. They were unable to bear the sight of the flaming angel, trembled with wonder and said, "Can it be that the one who opened Paradise to the Thief has been stolen? Or is he risen, who before his passion proclaimed his resurrection? Christ is risen indeed; he grants life and resurrection to those in Hades."

Glory:

O Saviour, you suffered the cross by your free will. Mortal men laid you in a new tomb, although you are the *Lord* who founded the ends of the earth with your word. Therefore the alien was held in bondage and death was plundered without mercy. Everyone in Hades cried out at your life-bearing resurrection, "Christ, the Giver of life, is risen and will remain for ever!"

Both now:

O Theotokos, your seedless conceiving was beyond nature; Joseph was struck with wonder and called to mind the fleece wet with dew, the bush which burned, yet was not consumed, and the rod of Aaron which budded. In witness to these things, your betrothed guardian cried to the priests, "A Virgin bears a child and after childbearing remains a virgin."

Kathisma 2

O Saviour, Christ our God, you rose from Hades as immortal and raised the world with you by your resurrection. O Merciful *Lord*, you have broken in pieces the dominion of death and revealed the resurrection to everyone. Therefore we glorify you, only Lover of the human race.

Glory:

Gabriel came down from above and approached the stone where the Rock of Life lay. He was clothed in white and cried out to the mourners, "Stop your tears and wailing, for you have Mercy with you for ever. Take courage, for the *Lord* whom you seek with tears has truly woken. Therefore cry out to the Apostles that the Lord has risen."

Both now:

O Pure Virgin, all the choirs of angels were struck with wonder at the dread mystery of your conceiving. "How was it that the one whose hand held everything firm with a mere nod, was held in your arms as

a mortal man? How was it that the *Lord* who was before the ages, was born from you? How was it that the one who feeds everything with breath was suckled at the breast?" They glorify you with hymns as the true Theotokos.

Evlogitária

Blessed are you, O Lord; teach me your statutes.
The assembly of angels was amazed when it saw you among the dead. O Saviour, by destroying the power of death, you raised Adam with you and freed everyone from Hades.

Blessed are you, O Lord; teach me your statutes.
The radiant angel cried to the Myrrhbearers from the tomb, "Why do you women mingle myrrh with your tears? Look at the tomb and understand. The Saviour has risen from the tomb."

Blessed are you, O Lord; teach me your statutes.
The Myrrhbearers ran sorrowfully to your tomb very early in the morning, but an angel came to them and said, "The time for sorrow has come to an end. Do not weep, but announce the resurrection to the apostles."

Blessed are you, O Lord; teach me your statutes.
The Myrrhbearers were sorrowful as they approached your tomb, but the angel said to them: Why do you number the Living among the dead? As God he has risen from the tomb."

Glory:
We worship the Father, his Son and the Holy Spirit, the Holy Trinity, one in Being. We cry with the Seraphim, "Holy, Holy, Holy are you, O Lord."

Both now:
O Virgin, because you gave birth to the Giver of Life, you rescued Adam from his sin. You gave Eve joy instead of sadness. The Divine Man who was born from you has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to you, O God. (X3)
O our God and our hope, glory to you.

Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

Υπακοί

Read without note

O Christ, the Myrrh-bearers hurried to announce to the Apostles the glad news of your all-glorious resurrection. They proclaimed that you had risen as God and granted the world great mercy.

Anaváthmi Tone 4

Antiphon 1 Ps 128
My Saviour, many passions have fought against me
from my youth, but help and save me.
May those who hate Zion be shamed by the Lord;
they will be withered like grass by fire.
Glory: Both now:
Every soul lives through the Holy Spirit;
it is exalted through purity
and illuminated by the Triune Unity in a sacred mystery.

Antiphon 2 Ps 129
O Lord, I have cried fervently from the depths of my soul;
let your divine ears listen to me.
Everyone who has hoped in the Lord
is higher than everyone who grieves.
Glory: Both now:
The streams of grace gush through the Holy Spirit;
they water all creation to produce life.

Antiphon 3 Ps 130
O Word, let my heart be raised to you;

let none of the world's pleasures enchant me back to earth.
As each of us has affection for his mother,
so we must have even more ardent love for the Lord.
Glory: Both now:
The wealth of divine knowledge, heavenly vision and wisdom
comes from the Holy Spirit;
for the Word unveils all the Father's teaching through him.

Prokeímenon Ps 43

R: O Lord, rise and help us;
free us for your name's sake.
S: O God, we have heard with our ears.

Small Litany

For you are the King of Peace and Saviour of our souls, and we send up glory to you, to the Father, the Son and the Holy Spirit, always, now and for ever, and to the ages of ages. *Amen*

Kontákion

Read without note

My Saviour and Redeemer raised those born on earth from their chains, for he is God. He shattered the gates of Hades and has risen on the third day as Master.

Íkos

Let all of us who are born on earth sing the praises of Christ, the Giver of life. He rose from the dead, came from the tomb on the third day and today has smashed the gates of death by his strength. He set free Adam and Eve, killed Hades and destroyed the sting of death. Let us cry aloud in thanksgiving with our generous praise, for he alone is the mighty God and has risen on the third day as Master.

Synaxarion

Today we remember the holy hieromartyr Charalámbos who lived in Magnesia during the Third Century. He was a presbyter who remained steadfast while being scourged with iron scrapers. O holy martyr Charalámbos, on the Tenth you were beheaded because of love for Christ.

Together with him we also remember:
Scholastica, sister of Benedict C6
Patriarch Anastásios II of Jerusalem C8
Monk Zíno of Antioch C4
Princess Anna of Novgorod C11
O God, have mercy on us through their holy prayers. *Amen*.

Katavasías

1: I will open my mouth and be filled with the spirit. I will sing a song to the Queen and Mother. I will come, rejoice in her conception and praise all her glory.

3: O Theotokos, living and inexhaustible fountain, strengthen those who are united in spiritual fellowship and who sing your praises. Make them worthy *to receive* crowns of glory in your honourable conception.

4: The one who sits in glory on the throne of the Divinity, Jesus the true God, has come on a swift cloud. With his pure hand he has saved those who cry, "Glory to your power, O Christ!"

5: O Virgin, all creation was amazed at your divine glory, for you knew no man. You held the God of all in your womb and gave birth to the eternal Son. You order salvation for all those who praise you.

6: O devout people, come and clap hands while we observe this divine and most precious feast of the Mother of God. Let us glorify God who was born from her.

7: The devout youths worshipped the Creator rather than created things. They courageously trampled on the threatening fire and joyfully sang, "Blessed are you, most praised Lord, the God of our fathers."

8: Let us praise, bless and worship the Lord.

O pure virgin Maid, listen. Let Gabriel recount to you the decision of the Most High which is ancient and true. Be prepared to receive God, for the Incomprehensible comes to live among mortals through you. Therefore I cry with joy, "All you works of the Lord, bless the Lord!"

Gospel Dialogue

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen.*

R: Let everything with breath praise the Lord. *X3*

Praise God in his saints;

praise him in his mighty firmament. Ps 50

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy X3*

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to John.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

Eothinon Gospel 4

From the Holy Gospel according to Luke (24:1-12)

On the first day of the week, at early dawn, the women went to the tomb, taking the spices which they had prepared. ² And they found the stone rolled away from the tomb, ³ but when they went in they did not find the body. ⁴ While they were perplexed about this, behold, two men stood by them in dazzling apparel; ⁵ and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead?" ⁶ Remember how he told you, while he was still in Galilee, ⁷ that the Son of man must be delivered into the hands of sinful men, and be crucified, and on the third day rise." ⁸ And they remembered his words, ⁹ and returning from the tomb they told all this to the eleven and to all the rest. ¹⁰ Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the apostles; ¹¹ but these words seemed to them an idle tale, and they did not believe them. ¹² But Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened.

R: Glory to you, O Lord, glory to you.

Resurrection Ode

P/R: Now that we have seen the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. O Christ, we venerate your cross, and praise and glorify your holy resurrection; for you are our God, and we know no one else apart from you. We address your name. All you faithful, come and venerate Christ's holy resurrection. For see, joy has come into all the world through the cross. Let us always bless the Lord and praise his resurrection. For he has destroyed death by death by enduring the cross for us.

Psalm 50

O God, have mercy on me in your abundant mercy
and wipe out my offence through your great pity.

⁴ Wash me thoroughly from my lawless act
and cleanse me from my sin,

⁵ for I know my lawlessness
and my sin is always before me.

⁶ I have sinned against you alone
and done what is evil before you

^{6b} so that you might be right in your words
and overcome when you are judged,

⁷ for see, I was conceived in lawlessness
and my mother desired me in sin,

⁸ for see, you have loved truth
and shown me the mysteries and secrets of your wisdom.

⁹ You will sprinkle me with hyssop and I will be clean;
you will wash me and I will become whiter than snow.

¹⁰ You will make me hear about joy and gladness;
humbled bones will rejoice.

¹¹ Turn your face from my sins

and wipe out all my lawlessness.

¹² O God, make a pure heart within me
and renew an upright spirit within me.

¹³ Do not banish me from your presence
or remove your Holy Spirit from me.

¹⁴ Restore your saving joy to me
and strengthen me with your directing Spirit.

¹⁵ I will teach the lawless your ways
and the ungodly will return to you.

¹⁶ O God, God of my salvation, free me from bloodshed,
then my tongue will rejoice in your justice.

¹⁷ O Lord, you will open my lips
and my mouth will announce your praise,

¹⁸ for if you had wanted sacrifice, I would have given it;
you will not be pleased with burnt offerings.

¹⁹ Sacrifice for God is a broken spirit;
God will not despise a broken and humbled heart.

²⁰ O Lord, be good to Zion in your pleasure
and let the walls of Jerusalem be built,

²¹ then you will be pleased with a just sacrifice,
with an offering and burnt sacrifices;
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of the apostles.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy:

Jesus has risen from the tomb as he foretold
and grants us eternal life and great mercy.

Intercession

Short form

P/D: O God, save your people and bless your inheritance. Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, of the Hieromartyr Charalampos, and of all the saints. We ask you, only merciful Lord, "Listen to us sinners as we pray to you, and have mercy on us."

Lord have mercy. X12

Through the mercy, compassion and love for the human race of your only-begotten Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages. *Amen.*

Ode 9

My soul glorifies the Lord
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim
and beyond compare more glorious than the Seraphim.
You gave birth to God the Word without defilement;
O true Theotokos, we glorify you.

² For he has regarded his servant's humility;
see, from now all generations will call me blessed. R:

³ For the Almighty has accomplished great *things* for me
and his name is holy.

His mercy is from generation to generation
on those who fear him. R:

⁴ He has accomplished strength with his arm
and scattered the proud in the imagination of their hearts. R:

⁵ He has put down the mighty from *their* thrones
and exalted the humble.

He has satisfied the hungry with good *things*
and dismissed the rich with nothing. R:

⁶ He has helped his servant Israel
in remembering his mercy,
as he spoke to our fathers,
to Abraham and his seed for ever. R:

9: O Theotokos. as you are a living temple of God, let no impure
hand touch you, but let the lips of all believers sing and continually
glorify you in joy with the angelic salutation. O pure *Lady*, you are
truly above all creatures.

Small Litany

P: For all the powers of heaven praise you, and to you we send up
glory, to the Father and to the Son and to the Holy Spirit, now and
ever and to the ages of ages. *Amen*

Holy is the Lord

Holy is the Lord our God. X3
Exalt the Lord our God and worship at his footstool.
for he is holy.

Exaposteilária

Tone 4

Let us be radiant and shine with virtues while we see the angel in
brilliant clothing as he stands inside the tomb. He brought life to the
downcast faces of the myrrhbearing women. Let us learn about the
resurrection of the Lord of heaven. Let us hurry to the tomb with
Peter and wonder at the great event. Let us wait to see Christ the
Life.

Tone 3

O blessed Charalámbos, you were divinely kindled with love for the
King of all and courageously threw down the arrogant dragon. You
confused Seviros who was a cruel and foolish tyrant. You have
received your reward from the Master of all.

O Mary, you are the refuge and glory of Christians. Guard your
servants and protect them as a sanctuary from every evil. Keep us
from all perils as you plead with your Son and our God. Rescue
those who lovingly sing to you from every mishap.

Praises

Tone 4

Let everything with breath
praise the Lord.

Praise the Lord from the heavens;
praise him in the heights.
To you, O God, is due a song.

Praise him, all his angels;
praise him, all his powers.
To you, O God, is due a song.

S8: This glory will be for all his holy ones.
Almighty Lord, you suffered the cross and death, and rose from the
dead. We glorify your resurrection.

S7: Praise God in his saints;
praise him in his mighty firmament.
O Christ, you have rescued us by your cross from the ancient curse
and suppressed by your death the Devil who was tyrannising our
nature. You have filled everything with joy by your resurrection.
Therefore we cry out to you, "O Lord, risen from the dead, glory to
you!"

S6: Praise him for his mighty *deeds*;
praise him for the abundance of his majesty.
O Christ *our* Saviour, lead us into your truth through your cross and
rescue us from the snares of the enemy; you have risen from the
dead. O Lord, Lover of the human race, extend your arm and, at the
prayers of your saints, raise us who have fallen because of sin.

S5: Praise him with the trumpet sound;
praise him with lute and harp.
O uniquely-fathered Word of God, in your love for the human race
you came to earth without leaving the bosom of the Father. You
became truly man, so that you could suffer the cross and death in the
flesh, although you are without passion in Divinity. You have
granted the human race immortality by your resurrection, for you
alone are all-powerful.

Tone 6

S4: Praise him with cymbal and dance;
praise him with strings and flute.
S3: Praise him with tuneful cymbals;
praise him with joyful cymbals.
Let everything with breath praise the Lord.

You set yourself wholly apart for the Master from your youth; you
desired him and followed in his steps. You were cleansed from the
filth of passions and enriched with the grace of God to perform
healing. You worked glorious wonders and became a martyr. You
remained steadfast under every assault of the tortures through the
power of the *Lord* who was killed on the cross. Earnestly pray to
him for our souls. X2

S2: The just will flourish like a palm tree
and grow like a cedar in Lebanon. Ps 91

O athlete, Charalámbos, although your blessed, enduring and
invincible body was pierced with nails, you kept your soul steadfast
and your mind unharmed. O glorious *bishop*, the desire of God made
you burn and urged you to endure all kinds of torture. You were a
passion-bearing martyr who shared in the sufferings of Christ. Pray
to him boldly for our souls.

S1: The Lord is wonderful in the saints on his earth. Ps 15
You suffered and inherited truly brilliant joy, ineffable glory and
eternal happiness. You were a renowned priest, revered athlete and
brave warrior who drowned the armies and hosts of the Serpent in the
streams of your blood. By grace and godly prayer you have truly
raised the dead and pray boldly for our souls!

S2: O Lord God, rise; let your hand be exalted
and never forget the poor.
O Christ our God, the women longed to see your resurrection. Mary
Magdalene came before the others and found the stone rolled from
the grave. The angel who sat on it said, "Why do you seek the living
among the dead? He has risen as God so that he might save all
things."

S1: O Lord, I will thank you with all my heart;
I will recount all your wonders.
Where is Jesus whom you decided to guard? O Hebrews, say where
the *Lord* is whom you laid in the grave, then sealed the stone? Either
give up the buried one or believe in the risen *Lord*. Although you are
silent about the Lord's resurrection, the stones will cry out, especially
the stone which was rolled from the grave. Great is your mercy and
great the mystery of your dispensation! O Saviour, glory to you!"

Glory: Tone 4

O Christ, the women came to your tomb at early dawn, but did not
find your precious body. As they wondered, two angels stood beside
them in shining clothes and said, "Why do you seek the Living
among the dead? He has risen, as he foretold. Why did you forget
his words?" They were assured by these words and announced what
they had seen to the disciples. Their good news seemed idle talk to
those who were still ignorant, but Peter hurried to see, then glorified
your wonders.

Both now: Tone 2

O Virgin Theotokos, you are most blessed, for through the One who
was born of you, Hades has been captured and Adam recalled. The
curse has been annulled, and Eve set free. Death has been slain, so
we are given life. Blessed is Christ our God, whose good will it was.
Glory to you!

Great Doxology

Glory to you who have shown us the light!
 glory to God in the highest!
 Peace on earth and goodwill to men!

² We praise you, we bless you, we worship you,
 we glorify you, we thank you for your great glory,

³ O Lord King, heavenly God, almighty Father,
 O Lord, only-begotten Son, Jesus Christ,
 and you, O Holy Spirit!

⁴ O Lord God, Lamb of God, Son of the Father,
 you take away the sin of the world;
 have mercy on us,
for you take away the sin of the world.

⁵ Receive our prayer,
for you sit on the right of the Father,
 and have mercy on us.

⁶ For only you are holy, only you are Lord,
 O Jesus Christ, to the glory of God the Father. Amen.

⁷ I will bless you every day
 and always praise your name for ever and ever. Ps 144

⁸ O Lord, allow us this day
 to be guarded from sin.

⁹ Blessed are you, O Lord God of our fathers!
 Praised and glorified be your name for ever. Amen. Daniel 3

¹⁰ O Lord, let your mercy *be* on us,
 for we have hoped in you. Ps 32.

¹⁶ Blessed are you, O Lord!
 Teach me your statutes. X3 Ps 118

¹² O Lord, you have been our refuge
 from generation to generation. Ps 89

I said, "O Lord, have mercy on me;
 heal my soul, for I have sinned against you." Ps 40

¹⁴ O Lord, I have fled to you;
 teach me to do your will, for you are my God. Ps 142

¹⁵ For with you is the source of life
 and in your light we will see light. Ps 35

¹⁶ Stretch out your mercy
 to those who know you. Ps 35

Triságion**Resurrection Troparion**

Today salvation has come to the world. Let us sing to the one who rose from the dead, the Author of our life. When he destroyed death by death, he gave us victory and great mercy.

LITURGY**Antiphon 1 Ps 91**

S1: It is good to thank the Lord
 and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

S2: To announce your mercy in the morning
 and your truth by night,

S3: For the Lord our God is upright
 and there is no injustice in him.

S4: Glory: Both now:

Antiphon 2 Ps 92

S1: The Lord reigns *and* is clothed with majesty;
 the Lord has put on power and clothed himself,

R: Save us, O Son of God.
 You arose from the dead
 We sing to you, "Alleluia!"

S2: For he founded the world
 which will not be moved.

S3: Your throne *was* made ready in the past;
 you are from eternity.

Monogenes

Antíphon 3 Ps 94

S1: Come, let us rejoice in the Lord,
 and shout with joy to God our Saviour.

R: When the women disciples of the Lord learnt from the angel the joyful message of your resurrection, they cast away the ancestral curse and elatedly told the Apostles, "Death is overthrown. Christ our God has risen and grants the world great mercy."

S2: Let us enter his presence with thanksgiving
 and gladly cry to him with psalms,
 S3: For the Lord is a great God
 and a high king over all the earth.

Entrance Ps 94

Come, let us worship and fall down before Christ.
 Save us, O Son of God.
 You arose from the dead.
 We sing to you, "Alleluia!"

Apolytíka**Tone 4**

When the women disciples of the Lord learnt from the angel the joyful message of your resurrection, they cast away the ancestral curse and elatedly told the Apostles, "Death is overthrown. Christ our God has risen and grants the world great mercy."

*Of the Church***Kontákion**

O unfailing protection of Christians and unchanging mediator before the Creator, do not despise the prayers of us sinners, but in your goodness extend your help to those of us who faithfully cry to you, "O Theotokos, you always protect those who honour you, so hurry to intercede for us and hasten to plead for us."

Triságion**Prokeimenon Ps 115 Tone 4**

R: The death of his saints is precious in the sight of the Lord.
 S: What shall we give back to the Lord
 for everything which he has given us?

Apóstolos

From the Second Letter of Paul to Timothy (2:1-10)
 My son Timothy, be strong in the grace that is in Christ Jesus. ²
 Entrust what you have heard from me before many witnesses to faithful men who will be able to teach others also. ³ Share in suffering as a good soldier of Christ Jesus. ⁴ No soldier on service gets entangled in civilian pursuits since his aim is to satisfy the one who enlisted him. ⁵ An athlete is not crowned unless he competes according to the rules. ⁶ It is the hard-working farmer who ought to have the first share of the crops. ⁷ Think over what I say, for the Lord will grant you understanding in everything. ⁸ Remember Jesus Christ, *who is* risen from the dead *and* descended from David, as I preached in my gospel. ⁹ *This is* the gospel for which I am suffering and wearing shackles like a criminal. But the word of God is not shackled. ¹⁰ Therefore I endure everything for the sake of the chosen *people*, so that they also may obtain salvation in Christ Jesus with its eternal glory.

Alleluia Ps 131 Tone 2

S1: O Lord, your priests will be clothed with justice
and your holy ones will rejoice.
 S2: For the Lord has chosen Zion.

Sunday of the Canaanite Woman (Sunday Matthew 17)

From the Holy Gospel according to Matthew (15:21-28)
 At that time Jesus withdrew to the district of Tyre and Sidon. ²² And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." ²³ But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." ²⁴ He answered, "I was sent only to the lost sheep

of the house of Israel.”²⁵ But she came and knelt before him, saying, “Lord, help me.”²⁶ And he answered, “It is not fair to take the children’s bread and throw it to the dogs.”²⁷ She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.”²⁸ Then Jesus answered her, “O woman, great is your faith! Be it done for you as you desire.” And her daughter was healed instantly.

Communion Ps 148

Praise the Lord from the heavens;
praise him in the heights. Alleluia!