

SUNDAY 20 JANUARY 2019
+ God-bearing father Efthymios the Great of Palestine C5
Luke 12
34th Sunday Tone 1 & Eothinón 1

VESPERS

Lord I have cried

Tone 1

O Lord, I have cried to you, listen to me;

O Lord, listen to me.

O Lord, I have cried to you, listen to me;

Note the voice of my plea when I cry to you.

O Lord, listen to me.

² Let my prayer be directed before you like incense,
the raising of my hands be an evening sacrifice.

O Lord, listen to me.

S10: Lead my soul from prison that I may acknowledge your name.

O holy Lord, accept our evening prayers and grant us remission of sins, for you alone have revealed the resurrection to the world

S9: The just will wait for me until you reward me.

O people, encircle Zion and surround her. Give glory in her to the *Lord* who rose from the dead, for he is our God, who has rescued us from our offences.

S8: O Lord, I have cried to you from the depths;

O Lord listen to my voice.

O people, come, praise and fall down before Christ as we glorify his resurrection from the dead, for he is our God, who has rescued the world from the deceit of the enemy.

S7: Let your ears note the voice of my plea.

Let the heavens, be glad and the foundations of the earth sound trumpets.

Let the mountains sing with joy. See Emmanuel has nailed our sins to the cross. The Giver of life has killed death and raised Adam, for he is the Lover of the human race.

S6: O Lord, if you mark offences, who will stand?

But there is forgiveness with you.

Let us praise *the Lord* who was willingly crucified in the flesh for us. He suffered and was buried, but rose from the dead. We say, “O Christ, confirm your Church in Orthodoxy and grant peace for our life, since you are the gracious Lover of the human race.”

S5: O Lord, I have waited for you for your name’s sake;

my soul has waited for your word,

my soul has hoped in the Lord.

O Christ our God, we stand unworthily before your life-bearing tomb and offer glory to your ineffable compassion. O sinless *Lord*, you have accepted the cross and death in order to grant resurrection to the world as the Lover of the human race.

Tone 1

S4: Let Israel hope in the Lord from morning watch until night,
from morning watch.

S3: For there is mercy with the Lord
and abundant redemption with him.

He will redeem Israel from all his offences.

O holy father Eftymios, a heavenly angel was sent beforehand to announce your birth. Like John you came from the womb of an infertile woman and revealed yourself as his follower. You were homeless, spurned possessions and shared his way of life. You sustained yourself in the mountains like the Baptist and shone with countless miracles. X2

S2: Every nation, praise the Lord;
every people, acclaim him!

O father Eftymios, you produced fruit from infertility. You were truly revealed as having many children, for the desert which was once trackless was filled with monastics who were your spiritual children. Pray now that our souls may be granted peace and great mercy.

S1: For his mercy is strengthened over us
and the truth of the Lord remains for ever.

O father Eftymios, you excelled in your life; your faith was truly Orthodox. You reached the highest vision and became a home of wisdom

through activity. You worshipped Christ in two Natures as one of the Trinity. Pray to him for us.

Glory: Tone 3

O father Efthymios, you were dedicated to God from your mother's womb like another Samuel. Indeed, you were rightly called by your name, for you are "good courage" to all believers, a foundation and pillar of the monastic way and a sanctified temple of the Holy Spirit. Pray for us who honour you, so that we may be granted great mercy.

Both now: Tone 1

Let us praise the Virgin Mary, the gate of heaven, the glory of the world, the song of the angels and the beauty of the faithful. She was born from man, yet gave birth to God; she was revealed as heaven and the temple of the Divinity. She destroyed the middle wall of enmity. She commenced the peace and opened the palace of the King. Because we have her as the anchor of faith, our defender is the Lord whom she bore. Courage, courage, O people of God! For Christ will destroy our enemies since he is all-powerful.

Phos Ilarón

P/D: Wisdom! Stand upright!

O Jesus Christ, joyful light of the holy glory
of the immortal, heavenly, holy, blessed Father,
when we come to the setting of the sun
and see the light of evening,
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you
with voices of praise,
O Son of God *and* Giver of life.
Therefore the world glorifies you.

Prokeímenon

P/D: The Evening Prokeimenon

R: The Lord reigns *and* is clothed with majesty.

S1: The Lord has put on power and clothed himself.

S2: He founded the world, which will not be moved.

Ektení

Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you, O Lord, God of our fathers! Praised and glorified be your name for ever. Amen. O Lord, let your mercy be on us, for we have hoped in you. Blessed are you, O Lord; teach me your statutes. Blessed are you, O Master; make me understand your statutes. Blessed are you, O Holy *One*; enlighten me with your statutes. O Lord, your mercy lasts for ever; do not overlook the work of your hands. To you belongs worship, to you belongs praise, to you belongs glory, to the Father, the Son and the Holy Spirit, both now and ever, and to ages of ages. Amen.

Plirotiká

Prayer

P: Peace be with you all. R: And with your spirit

D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.
Amen.

Apósticha

Tone 1

O Christ, we have been freed from passions by your passion and have been rescued from corruption by your resurrection. O Lord, glory to you!

S1: The Lord reigns *and* is clothed with majesty;

the Lord has put on power and clothed himself. Ps 92

Let creation rejoice! Let the heavens be glad! Let the nations clap their hands with joy! For Christ our Saviour has nailed our sins to the cross. He has given life by slaying death and raised fallen Adam, *for he is* the Lover of the human race.

S2: For he founded the world which will not be moved. Ps 92

O incomprehensible *Lord*, you were willingly crucified because of your love for the human race as King of heaven and earth. Hades was angry when it met you below. Adam rose when he saw you, the Creator, under

the earth. Wonder! How has the Life of all tasted death? He wished to enlighten the world which cries, “O Lord, who rose from the dead, glory to you!”

S3: O Lord, holiness is right for your house to length of days. Ps 92
The myrrh-bearing women came speedily and tearfully to your tomb. They did not find your most pure body, but learnt about the new and glorious wonder from the angel. They told the apostles, “The Lord is risen and has granted the world great mercy.”

Glory: Tone 5

O just father, you gave your eyes no sleep or your eyelids slumber, until you had freed your soul and body from passions. You prepared yourself to be a home of the Holy Spirit, for you became the companion of the consubstantial Trinity. All-praised Efthymios, Christ, who alone shows us the Father, came to live in you. Plead with him to save our souls.

Both now:

O virgin Theotokos, we who are faithful bless you; we rightly glorify you as the unshaken city, the fortified wall, the ardent intercessor and the protector of our souls.

Song of Simeon

B/P: O Master, now let your servant depart in peace
according to your word,

² for my eyes have seen your salvation,
which you have prepared before all peoples,

³ a light of revelation for *the* nations
and *the* glory of your people Israel.

Triságion Prayers

Apolytíka

Tone 1

O Saviour, when the stone had been sealed by the Jews and while the soldiers were guarding your most pure body, you rose on the third day and granted life to the world. Therefore, O Giver of life, the powers of heaven cried to you, “Glory to your resurrection, O Christ! Glory to your Kingdom! Glory to your dispensation, O Lover of the human race!”

O Virgin, O sacred ark, when Gabriel greeted you with “Hail!” he cried out like the just David, for the Master of all was incarnate in you. You were revealed as more spacious than the heavens, for you carried your Creator. Glory to the *Lord* who lives in you! Glory to the one who comes from you! Glory to the one who frees us through your Child!

Tone 4

Hail, O barren wilderness! Be glad, O sterile desert which has never known the travail of birth! The man of desires has increased your sons. He has planted them in faith and reverence and watered them with the Holy Spirit; they grow in self-denial and perfect virtue. O Christ our God, preserve your people in peace through his prayers.

Tone 4

O Theotokos, the mystery hidden from eternity and unknown to the angels, is revealed to those on earth through you. God was incarnate from you in a union without confusion and freely endured the cross for us. He raised the first-formed man and has saved our souls from death.

Dismissal

ORTHROS

God is the Lord Ps 117

R: God is the Lord and has appeared to us.

Blessed is the one who comes in the Lord’s name. *Ps 117*

S1: Thank the Lord, for he is good,
for his mercy lasts for ever.

S2: All the nations surrounded me,
but I opposed them in the Lord’s name.

S3: This *is* the Lord's doing
and it is wonderful in our eyes.

Apolytikia

Tone 1

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cried to you, “Glory to your resurrection, O Christ! Glory to your Kingdom! Glory to your dispensation, O Lover of the human race!”

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Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

Kathisma 1

Tone 1

O Saviour, the soldiers who kept watch over your tomb fell down as dead at the lightning flash of the angel who appeared and proclaimed the resurrection to the women. We glorify you, *for you are* the destroyer of corruption. You alone are our God who rose from the tomb; we all fall down before you.

Glory:

O merciful *Lord*, you were willingly nailed to the cross. O Giver of life, you were laid in the tomb as though dead. Almighty *Master*, you wiped out the power of death by your death. The gatekeepers of Hades trembled before you. Only Lover of the human race, you raised with you the dead from all the ages.

Both now:

We know you are the Theotokos and we all yearn to seek refuge in your goodness. After childbirth you remained truly a virgin. Only pure *Lady*,

we sinners truly have you for protection, and as our salvation in temptation.

Kathísma 2

The women who came early to your tomb trembled at the sight of the angel. The tomb shone with life and this wonder amazed them. They returned and announced the resurrection to the disciples, "Christ, *who is* alone mighty and powerful, has despoiled Hades. He has raised up all those who are in corruption and released the human race from fear of condemnation through the power of the cross."

Glory:

The Life of all was nailed to the cross. The immortal Lord, the Saviour who rose on the third day and raised Adam from corruption, was counted among the dead. Therefore, O Giver of Life, the powers of heaven cry out, "Glory to your resurrection! Glory to your condescension, only Lover of the human race!"

Both now:

O Mary, exalted vessel of the Master, raise us who have fallen into a bottomless pit of despair, sin and affliction, for you are the salvation, aid and powerful protection of sinners; you save your servants.

Evlogitária

Blessed are you, O Lord; teach me your statutes.

The assembly of angels was amazed when it saw you among the dead. O Saviour, by destroying the power of death, you raised Adam with you and freed everyone from Hades.

Blessed are you, O Lord; teach me your statutes.

The radiant angel cried to the Myrrhbearers from the tomb, "Why do you women mingle myrrh with your tears? Look at the tomb and understand. The Saviour has risen from the tomb."

Blessed are you, O Lord; teach me your statutes.

The Myrrhbearers ran sorrowfully to your tomb very early in the morning, but an angel came to them and said, "The time for sorrow has come to an end. Do not weep, but announce the resurrection to the apostles."

Blessed are you, O Lord; teach me your statutes.
 The Myrrhbearers were sorrowful as they approached your tomb, but the angel said to them: Why do you number the Living among the dead? As God he has risen from the tomb."

Glory:

We worship the Father, his Son and the Holy Spirit, the Holy Trinity, one in Being. We cry with the Seraphim, "Holy, Holy, Holy are you, O Lord."

Both now:

O Virgin, because you gave birth to the Giver of Life, you rescued Adam from his sin. You gave Eve joy instead of sadness. The Divine Man who was born from you has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to you, O God. (X3)

O our God and our hope, glory to you.

Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

Ypakói

Read without note

O Christ our God, the Thief stole Paradise through repentance. The wailing of the myrrh-bearing women brought joy to light, for you have risen and grant the world great mercy.

Anaváthmi Tone 1

Antiphon 1 Ps 119

I call to the Lord in my distress,

"Listen to my grief."

The longing for God is unceasing for those in the desert;

they are removed from the emptiness of the world.

Glory: Both now:

Honour and glory are due to the Holy Spirit,

as also to the Father together with the Son

and so we praise the Trinity, one in might.

Antiphon 2 Ps 120

O God, you have exalted me to the hills of your laws;
 make me shine with virtues so that I may praise you.
 O Word, take me by your right hand; guard and keep me,
 so that the fire of sin does not burn me.

Glory: Both now:

The whole creation is renewed in the Holy Spirit.
 It returns to its pristine state,
 for he is equal in might with the Father and the Word.

Antiphon 3 Ps 123

My soul rejoiced and my heart is glad
 with those who said to me,
 "Let us go to the courts of the Lord." Ps 123
 Great fear will be in the house of David for there,
 when the thrones are placed,
 every tribe and tongue of the earth will be judged.

Glory: Both now:

It is right to offer glory, might and power to the Holy Spirit,
 as to the Father and the Son,
 for the Trinity is one in being, but not in persons.

Prokeímenon Ps 11

R: I will rise now," says the Lord;
 "I will place them in safety *and* speak openly about it."
 S: The Lord's promises are pure words.

Small Litany

For you are the King of Peace and Saviour of our souls, and we send up
 glory to you, to the Father, the Son and the Holy Spirit, always, now and
 for ever, and to the ages of ages. *Amen*

Kontákion

Read without note

Tone 1

You rose from the tomb as God in glory and raised the world with you. O
 Master, human nature praises you as God, for death has vanished. Adam

exults and Eve rejoices, for she is freed from bondage and cries to you, “O Christ, you grant resurrection to everyone.”

Íkos

Let us sing the praises of the Almighty God, who rose on the third day. He shattered the gates of Hades and raised those who had been dead from all the ages. He appeared to the myrrh-bearing women in his good pleasure and told them first to rejoice. He sent them to bring the good news to the Apostles. They announced the signs of victory to the disciples. O Christ, Hades groaned and death lamented, while the world and all peoples rejoiced together, for you grant resurrection to everyone.

Synaxáron

Today we remember our renowned father Efthymios the Great of Palestine, who lived in the Fifth Century. He had a companion called Theoktistos. As the number of monks grew he established the custom that new recruits would be trained by Theóktistos before they were allowed to graduate to the hermetical life. He was an ardent supporter of the Fourth Oecumenical Council. O grey-headed saint, you resembled the angels and became their companion in heaven on the Twentieth.

Together with him we remember:

Martyrs Inná, Pinná and Rimmá of Scythia C1-C2

Confessor Leo the Great, Emperor of the East C5

Tax Collector Peter of Constantinople

New Martyr Zacharías of Old Patras C18

O God, have mercy on us through their holy prayers. Amen.

Katavasías

1: The sun's rays once shone on dry land in the midst of the deep, for the water on both sides became as firm as a wall while the people crossed over the sea on foot. They offered this song acceptable to God, “Let us sing to the Lord, for he has been greatly glorified.”

3: O Lord, *you are* the firm foundation of those who put their trust in you. Strengthen the Church which you have purchased with your precious blood.

4: O Christ, your virtue has covered the heavens, for after you came from your undefiled Mother, the ark of your sanctification, you appeared in the Temple of your glory as a Child in arms and the whole world was filled with your praise.

5: Isaiah symbolically saw God on a throne. He was lifted high and carried in triumph by angels in glory. He cried, “Woe is me, for I have seen the incarnate God beforehand. He is the Lord of the light which knows no evening and the King of peace.”

6: When the Elder with his eyes saw the Salvation which had come to the Gentiles, he cried aloud to you, “O Christ, *you* come from God and are my God.”

7: O Word of God, you dropped dew on the children as they spoke about divine matters in the midst of the fire. You took up your home in the pure Virgin. We praise you as we sing with devotion, “Blessed are you, O God of our fathers!”

8: Let us praise, bless and worship the Lord.
The youths who fought for godliness stood together in the unbearable fire, yet were not harmed by it. They sang a divine hymn, “Bless the Lord, all you his works, and exalt him above all for ever!”

Gospel Dialogue

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen.*

R: Let everything with breath praise the Lord. *X3*

Praise God in his saints;
praise him in his mighty firmament. *Ps 50*

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy X3*

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to John.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

Eothinón Gospel 1

From the Holy Gospel according to Matthew (28:16-20)

At that time the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. ¹⁷ And when they saw him they worshiped him; but some doubted. ¹⁸ And Jesus came and said to them, "All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age." Amen.

R: Glory to you, O Lord, glory to you.

Resurrection Ode

P/R: Now that we have seen the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. O Christ, we venerate your cross, and praise and glorify your holy resurrection; for you are our God, and we know no one else apart from you. We address your name. All you faithful, come and venerate Christ's holy resurrection. For see, joy has come into all the world through the cross. Let us always bless the Lord and praise his resurrection. For he has destroyed death by death by enduring the cross for us.

Psalm 50

O God, have mercy on me in your abundant mercy
and wipe out my offence through your great pity.
⁴ Wash me thoroughly from my lawless act
and cleanse me from my sin,
⁵ for I know my lawlessness
and my sin is always before me.
⁶ I have sinned against you alone
and done what is evil before you
^{6b} so that you might be right in your words
and overcome when you are judged,
⁷ for see, I was conceived in lawlessness
and my mother desired me in sin,
⁸ for see, you have loved truth
and shown me the mysteries and secrets of your wisdom.

- ⁹ You will sprinkle me with hyssop and I will be clean;
you will wash me and I will become whiter than snow.
- ¹⁰ You will make me hear about joy and gladness;
humbled bones will rejoice.
- ¹¹ Turn your face from my sins
and wipe out all my lawlessness.
- ¹² O God, make a pure heart within me
and renew an upright spirit within me.
- ¹³ Do not banish me from your presence
or remove your Holy Spirit from me.
- ¹⁴ Restore your saving joy to me
and strengthen me with your directing Spirit.
- ¹⁵ I will teach the lawless your ways
and the ungodly will return to you.
- ¹⁶ O God, God of my salvation, free me from bloodshed,
then my tongue will rejoice in your justice.
- ¹⁷ O Lord, you will open my lips
and my mouth will announce your praise,
- ¹⁸ for if you had wanted sacrifice, I would have given it;
you will not be pleased with burnt offerings.
- ¹⁹ Sacrifice for God is a broken spirit;
God will not despise a broken and humbled heart.
- ²⁰ O Lord, be good to Zion in your pleasure
and let the walls of Jerusalem be built,
- ²¹ then you will be pleased with a just sacrifice,
with an offering and burnt sacrifices;
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of the apostles.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy:

Jesus has risen from the tomb as he foretold
and grants us eternal life and great mercy.

Intercession

Short form

P/D: O God, save your people and bless your inheritance.

Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, of our renowned father Eftymios the Great, and of all the saints. We ask you, only merciful Lord, “Listen to us sinners as we pray to you, and have mercy on us.”

Lord have mercy. X12

Through the mercy, compassion and love for the human race of your only-begotten Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages. *Amen.*

Ode 9

My soul glorifies the Lord
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim
and beyond compare more glorious than the Seraphim.
You gave birth to God the Word without defilement;
O true Theotokos, we glorify you.

² For he has regarded his servant’s humility;
see, from now all generations will call me blessed. R:

³ For the Almighty has accomplished great *things* for me
and his name is holy.

His mercy is from generation to generation
on those who fear him. R:

⁴ He has accomplished strength with his arm
and scattered the proud in the imagination of their hearts. R:

⁵ He has put down the mighty from *their* thrones
and exalted the humble.

He has satisfied the hungry with good *things*
and dismissed the rich with nothing. R:

⁶ He has helped his servant Israel
in remembering his mercy,
as he spoke to our fathers,
to Abraham and his seed for ever. R:

9: Those of us who are faithful see the outline in the shadow of the Law and in the Scriptures, “Every male child which opens the womb will be holy for God.” Therefore we also glorify the First-begotten Word, and Son of the Father who has no beginning, the First-born Son of the unwedded Mother.

Small Litany

P: For all the powers of heaven praise you, and to you we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*

Holy is the Lord

Holy is the Lord our God. *X3*
Exalt the Lord our God and worship at his footstool.
for he is holy.

Exaposteilária

Tone 1

Let us gather with the disciples on the mountain in Galilee. Let us see Christ in faith and hear him say, “All authority in heaven and on earth has been given to me.” Let us learn to baptize every nation in the name of the Father and of the Son and of the Holy Spirit and to know how he is with us always, even to the close of the age.

Tone 3

O renowned father, God sanctified you from your mother’s womb and revealed you as a divine prophet like Jeremiah and Samuel of old. Together with them, O wonder-working and God-bearing Efthymios, as you live with the angels, remember those who sing hymns to you with faith.

O pure Virgin, you gave birth in an ineffable way to the God of two Natures, two Wills, but one Person, who determined to become poor for our sake, even to the cross, in order to enrich us through his Divinity.

Praises

Tone 1

Let everything with breath
praise the Lord.
Praise the Lord from the heavens;
praise him in the heights.
To you, O God, is due a song.

Praise him, all his angels;
praise him, all his powers.
To you, O God, is due a song.

S8: This glory will be for all his holy ones.
O Christ, we praise your saving passion and glorify your resurrection.

S7: Praise God in his saints;
praise him in his mighty firmament.
O Lord, you have endured the cross, made death of no effect and have risen from the dead. Grant peace in our lives, for you are the only almighty *Lord*.

S6: Praise him for his mighty *deeds*;
praise him for the abundance of his majesty.
You have plundered Hades and raised man by your resurrection. O Christ, make us worthy to praise and glorify you with purity of heart.

S5: Praise him with the trumpet sound;
praise him with lute and harp.
O Christ, we praise you and glorify your divine condescension. You were born from a virgin, yet did not part from the Father. You suffered as man and willingly endured the cross. You rose from the grave as though from a bridal chamber so that you might save the world. O Lord, glory to you!

Tone 8

S4: Praise him with cymbal and dance;
praise him with strings and flute.

S3: Praise him with tuneful cymbals;
praise him with joyful cymbals.

Let everything with breath praise the Lord.

O venerable father Eftymios, you forsook earthly things to follow Christ. You did not prefer corruptible things to those which are to come. O glorious *saint*, you lived in the desert as though in a city and destroyed legions of demons. All-glorious *father*, who can avoid retelling your soul's true zeal for the Lord. X2

S2: The death of his saints

is precious in the sight of the Lord. Ps 115

O venerable father Eftymios, delight of the Orthodox and beacon shining over the whole world, you were revealed as an example for monastics and their pride. You were not afraid of the deceitful enemies' terrors when you were living in the cave. O blessed *saint*, how great are the gifts which fill you, by which you openly trample underfoot all the arrogance of the demons.

S1: Blessed is the man who fears the Lord;

he will take great pleasure in his commandments. Ps 111

O venerable father Eftymios, you truly took flight and soared above to God. O holy *father*, blessed *saint*, when you had purified your senses with fasting and continual prayer, you were counted worthy of immortal life. All-glorious adornment of the ascetics, you are full of joy, for Christ has received you into the spiritual dwellings.

Glory: Tone 1

The Lord truly appeared to the disciples and went to the mountain to ascend from earthly things. They worshipped him and learnt from him about the power permitted to him in every place. They were sent to every place under heaven to preach his resurrection from the dead and ascension into heaven. He truly promised to be with them always, for he is Christ our God, the Saviour of our souls.

Both now: Tone 2

O Virgin Theotokos, you are most blessed, for through the One who was born of you, Hades has been captured and Adam recalled. The curse has

been annulled, and Eve set free. Death has been slain, so we are given life. Blessed is Christ our God, whose good will it was. Glory to you!

Great Doxology

Glory to you who have shown us the light!

glory to God in the highest!

Peace on earth and goodwill to men!

² We praise you, we bless you, we worship you,
we glorify you, we thank you for your great glory,

³ O Lord King, heavenly God, almighty Father,
O Lord, only-begotten Son, Jesus Christ,
and you, O Holy Spirit!

⁴ O Lord God, Lamb of God, Son of the Father,
you take away the sin of the world;

have mercy on us,

for you take away the sin of the world.

⁵ Receive our prayer,

for you sit on the right of the Father,
and have mercy on us.

⁶ For only you are holy, only you are Lord,

O Jesus Christ, to the glory of God the Father. Amen.

⁷ I will bless you every day

and always praise your name for ever and ever. Ps 144.2

⁸ O Lord, allow us this day

to be guarded from sin.

⁹ Blessed are you, O Lord God of our fathers!

Praised and glorified be your name for ever. Amen. Daniel 3

¹⁰ O Lord, let your mercy *be* on us,

for we have hoped in you. Ps 32.22

¹⁶ Blessed are you, O Lord!

Teach me your statutes. X3 Ps 118.12

¹² O Lord, you have been our refuge

from generation to generation. Ps 89.1

I said, "O Lord, have mercy on me;

heal my soul, for I have sinned against you." Ps 40.5

¹⁴ O Lord, I have fled to you;

teach me to do your will, for you are my God. Ps 142:10

¹⁵ For with you is the source of life

and in your light we will see light. Ps 35.10

¹⁶ Stretch out your mercy
to those who know you. Ps 35.11

Triságion

Resurrection Troparion

Today salvation has come to the world. Let us sing to the one who rose from the dead, the Author of our life. When he destroyed death by death, he gave us victory and great mercy.

LITURGY

Antiphon 1 Ps 91

S1: It is good to thank the Lord
and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

S2: To announce your mercy in the morning
and your truth by night,

S3: For the Lord our God is upright
and there is no injustice in him.

S4: Glory: Both now:

Antiphon 2 Ps 92

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself,

R: Save us, O Son of God.
You arose from the dead
We sing to you, “Alleluia!”

S2: For he founded the world
which will not be moved.

S3: Your throne *was* made ready in the past;
you are from eternity.

Monogenes

Antíphon 3 Ps 94 Tone 1

S1: Come, let us rejoice in the Lord,
and shout with joy to God our Saviour.

R: O Saviour, when the stone had been sealed by the Jews and while the soldiers were guarding your most pure body, you rose on the third day and granted life to the world. Therefore, O Giver of life, the powers of heaven cried to you, “Glory to your resurrection, O Christ! Glory to your Kingdom! Glory to your dispensation, O Lover of the human race!”

S2: Let us enter his presence with thanksgiving
and gladly cry to him with psalms,
S3: For the Lord is a great God
and a high king over all the earth.

Entrance Ps 94

Come, let us worship and fall down before Christ.
Save us, O Son of God.
You arose from the dead.
We sing to you, “Alleluia!”

Apolytíkia

Tone 1

O Saviour, when the stone had been sealed by the Jews and while the soldiers were guarding your most pure body, you rose on the third day and granted life to the world. Therefore, O Giver of life, the powers of heaven cried to you, “Glory to your resurrection, O Christ! Glory to your Kingdom! Glory to your dispensation, O Lover of the human race!”

Tone 4

Hail, O barren wilderness! Be glad, O sterile desert which has never known the travail of birth! The man of desires has increased your sons. He has planted them in faith and reverence and watered them with the Holy Spirit; they grow in self-denial and perfect virtue. O Christ our God, preserve your people in peace through his prayers.

Of the Church

Kontákion

Tone 1

O Christ God, you sanctified the Virgin's womb by your birth and blessed Simeon's hands; now you have come and saved us. Grant peace to your people in time of war and strengthen the rulers whom you have loved, for you are the only Lover of the human race.

Triságon**Prokeimenon Ps 149 Tone 7**

R: The holy ones will boast in glory
and rejoice on their beds.

S: Sing a new song to the Lord;
his praise *is* in the assembly of the holy ones.

Apostolos of Saint

From the Second Letter of Paul to the Corinthians (4:6-15)

Brothers, it is God who said, "Light will shine out of darkness," who has shone in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. ⁷But we have this treasure in clay vessels, that the exceeding greatness of the power may be of God, and not from ourselves. ⁸We are pressed on every side, yet not crushed; perplexed, yet not to despair; ⁹pursued, yet not forsaken; struck down, yet not destroyed; ¹⁰always carrying in the body the putting to death of the Lord Jesus, that the life of Jesus may also be revealed in our body. ¹¹For we who live are always delivered to death for Jesus' sake, that the life also of Jesus may be revealed in our mortal flesh. ¹²So then death works in us, but life in you. ¹³But having the same spirit of faith, according to what is written, "I believed, and therefore I spoke." We also believe, and therefore also we speak; ¹⁴knowing that he who raised the Lord Jesus will raise us also with Jesus, and will present us with you. ¹⁵For all things are for your sakes, that the grace, being multiplied through the many, may cause the thanksgiving to abound to the glory of God.

Alleluia Ps 111 Tone 2

S1: Blessed is the man
who fears the Lord.

S2: He will take great pleasure
in his commandments.

Gospel Sunday Luke 12*The healing of ten lepers*

From the Holy Gospel according to Luke (17:12-19)

At that time as Jesus entered a village, he was met by ten lepers, who stood at a distance ¹³ and lifted up their voices and said, "Jesus, Master, have mercy on us." ¹⁴ When he saw them he said to them, "Go and show yourselves to the priests." And as they went they were cleansed. ¹⁵ Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; ¹⁶ and he fell on his face at Jesus' feet, giving him thanks. Now he was a Samaritan. ¹⁷ Then said Jesus, "Were not ten cleansed? Where are the nine? ¹⁸ Was no one found to return and give praise to God except this foreigner?" ¹⁹ And he said to him, "Rise and go your way; your faith has made you well."

Communion Ps 148

Praise the Lord from the heavens;
praise him in the heights. Alleluia!