

SUNDAY 9 DECEMBER 2018
± Maternity of Anna
± Dedication of the Church of the Resurrection C7
Luke 10
28th Sunday Tone 3 & Eothinón 6

VESPERS

Lord I have cried

Tone 3

O Lord, I have cried to you, listen to me;

O Lord, listen to me.

O Lord, I have cried to you, listen to me;

Note the voice of my plea when I cry to you.

O Lord, listen to me.

² Let my prayer be directed before you like incense,
the raising of my hands be an evening sacrifice.
O Lord, listen to me.

S10: Lead my soul from prison that I may acknowledge your name.
O Christ our Saviour, the dominion of death has been shattered by
your cross and the deception of the Devil has been destroyed. The
human race which has been saved by faith always offers you a
hymn.

S9: The just will wait for me until you reward me.
O Lord, everything has been enlightened by your resurrection and
Paradise has been re-opened. The whole creation praises you and
continually offers you a hymn.

S8: O Lord, I have cried to you from the depths;
O Lord listen to my voice.
I glorify the power of the Father and the Son, and I praise the
authority of the Holy Spirit, the undivided, uncreated Divinity, the
consubstantial Trinity who reigns for all time.

S7: Let your ears note the voice of my plea.
O Christ, we bow down in worship before your precious cross. We
glorify and praise your resurrection, for we have all been healed by
your wounds.

S6: O Lord, if you mark offences, who will stand?
But there is forgiveness with you.
We praise the Saviour *who was* incarnate from the Virgin, for he
was crucified for our sake, rose on the third day and grants us great
mercy.

S5: O Lord, I have waited for you for your name's sake;
my soul has waited for your word,
my soul has hoped in the Lord.
Christ descended to Hades *where* he proclaimed the glad news and
said, "Be of good courage. See, now I have triumphed. I am the
resurrection; I will lead you out, for I have shattered the gates of
death."

Tone 4

S4: Let Israel hope in the Lord from morning watch until night,
from morning watch.

S3: For there is mercy with the Lord
and abundant redemption with him.

He will redeem Israel from all his offences.

The infertile Anna leapt for joy when she conceived Mary the
Virgin, who in turn will conceive God the Word in the flesh. In the
fullness of her joy, she cried out. "Rejoice with me, all you tribes of
Israel, for I have conceived according to the will of God my
Saviour. He has answered my prayer and ended my shame in
fulfilment of his promise. He will heal the pains of my heart
through the pains of child-bearing." X2

S2: Every nation, praise the Lord;
every people, acclaim him!

1

The *Lord* who made waters gush from the rock permitted your
womb to carry the ever-virgin Mary through whom our salvation
will come. By this, you were saved from shame. No longer will
you live on earth as infertile, for you will bear the Earth which
produces the Tree of Life. In accordance with his will he has
rescued the human race from every shame by taking on our human
form and becoming man, for he is rich in mercy.

S1: For his mercy is strengthened over us

and the truth of the Lord remains for ever.

See, the promises of the prophets are fulfilled. The holy mountain is
planted in the womb. The divine ladder is set up, the great throne of
the King is ready. The place for the Lord's passage is prepared.
The dry bush which the fire could not consume is blooming. The
treasury of grace is an abundant flow of blessing which heals the
infertility of Anna; we glorify her with faith.

Glory: Tone 1

Today the great Mystery announced from all eternity, whose depths
angels and men cannot perceive, appears in the infertile womb of
Anna. Mary, the Maiden of God, is prepared to be the dwelling of
the eternal King who will renew our human nature. Let us implore
her with a pure heart and say, "Plead for us with your Son and our
God that our souls may be saved."

Both now: Tone 3

All-honoured *Virgin*, how can we not wonder at your giving birth to
the *Lord* who is God and man? For, all-pure *Lady* without
experience of man, you gave birth to a Son in the flesh who was
begotten without mother from the Father before time. He
underwent no mingling, change or division, but preserved the
attributes of each nature. Therefore, O Lady and virgin Mother,
plead with him to save the souls of those who acknowledge you in
the Orthodox manner to be the Theotokos.

Phos Ilarón

P/D: Wisdom! Stand upright!

O Jesus Christ, joyful light of the holy glory
of the immortal, heavenly, holy, blessed Father,
when we come to the setting of the sun
and see the light of evening,
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you
with voices of praise,
O Son of God *and* Giver of life.
Therefore the world glorifies you.

Prokeímenon

P/D: The Evening Prokeímenon

R: The Lord reigns *and* is clothed with majesty.

S1: The Lord has put on power and clothed himself.

S2: He founded the world, which will not be moved.

Ekteni

Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you,
O Lord, God of our fathers! Praised and glorified be your name for
ever. Amen. O Lord, let your mercy be on us, for we have hoped in
you. Blessed are you, O Lord; teach me your statutes. Blessed are you,
O Master; make me understand your statutes. Blessed are you,
O Holy *One*; enlighten me with your statutes. O Lord, your mercy
lasts for ever; do not overlook the work of your hands. To you
belongs worship, to you belongs praise, to you belongs glory, to the
Father, the Son and the Holy Spirit, both now and ever, and to ages
of ages. Amen.

Plirotiká

Prayer

P: Peace be with you all. R: And with your spirit

D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. *Amen*.

Apósticha

Tone 3

O Christ, you darkened the sun by your passion and enlightened the whole creation with the light of your resurrection. O Lover of the human race, accept our evening hymn.

S1: The Lord reigns *and* is clothed with majesty;
the Lord has put on power and clothed himself. *Ps 92*

O Lord, your life-bearing resurrection enlightened the whole inhabited earth and recalled your creation which had become corrupt. Therefore we, who are rescued from the curse of Adam, sing, "O almighty Lord, glory to you!"

S2: For he founded the world which will not be moved. *Ps 92*
You are the changeless God, yet were changed by suffering in the flesh. Because creation could not endure seeing you on the cross, it was filled with fear, yet praised your patience. You have granted the world life and great mercy by descending into Hades and rising on the third day.

S3: O Lord, holiness is right for your house to length of days. *Ps 92*
O Christ, you endured death in order to rescue our human race from death. You rose from the dead on the third day, raised with you those who knew you as God and enlightened the world. Glory to you!

Glory: Both now: Tone 2

Today a royal cloak of purple and fine linen is woven from the loins of David, and the mystical Flower of Jesse is blooming. Christ our God, the Saviour of our souls will come from it.

Song of Simeon

B/P: O Master, now let your servant depart in peace
according to your word,
² for my eyes have seen your salvation,
which you have prepared before all peoples,
³ a light of revelation for *the* nations
and *the* glory of your people Israel.

Triságion Prayers

Apolytikia

Tone 3

Let the heavens rejoice and let the earth be glad, for the Lord has shown strength with his arm. He has trampled down death by death and become the first born from the dead. He has rescued us from the depths of Hades and granted great mercy to the world.

Tone 4

Today the bonds of infertility are broken; God has heard the prayers of Joachim and Anna. He has promised them beyond all their hopes to bear the Maiden of God by whom the *Lord* who cannot be contained will be born as mortal man. He commanded an angel to cry to her, "Hail, Full of Grace; the Lord is with you!"

Dismissal

ORTHROS

God is the Lord Ps 117

R: God is the Lord and has appeared to us.
Blessed is the one who comes in the Lord's name. *Ps 117*

S1: Thank the Lord, for he is good,
for his mercy lasts for ever.

S2: All the nations surrounded me,
but I opposed them in the Lord's name.

S3: This *is* the Lord's doing
and it is wonderful in our eyes.

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Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

Kathisma 1

Tone 3

Christ is risen from the dead, the firstfruits of those who sleep. He is the firstborn of all creation and the Maker of everything created. He restored the corrupt nature of our race in himself. O Death, you will reign no more, for the Master of all has destroyed your power.

Glory:

O Lord, after you had tasted death in the flesh, you emptied death of its sting through your resurrection. You have strengthened the human race against death and proclaimed the abolition of the ancient curse. Glory to you, O Lord, Protector of our lives!

Both now: Tone 1

A new heaven is fashioned in the womb of Anna by the command of God, the Creator of all. From her the Sun which never sets will shine and illuminate the whole world with rays of divinity in the abundance of his loving kindness, for he alone is the Lover of the human race.

Kathisma 2

O Lord, Hades was dismayed when it saw your unchanging divinity, yet observed your voluntary passion. It mourned and said, "I tremble before the flesh of the incorruptible Person. I see the one who cannot be seen as he mysteriously fights me, while those I hold in my power are crying out, 'O Christ, glory to your resurrection!'"

Glory:

O faithful, when we speak about divine matters, we touch on an ineffable mystery, the incomprehensible crucifixion and the inexplicable resurrection. For today death and Hades are plundered while the human race is clothed with incorruption. Therefore we cry aloud with thanksgiving, "Glory to your resurrection, O Christ!"

Both now: Tone 4

O Adam, look at your renewal! O Eve, rejoice with joy! The infertile wasteland without water has produced the most beautiful fruit. She will produce the Bread of immortality for the world which will cause all infertility to end. Today let us rejoice with them.

Evlogitária

Blessed are you, O Lord; teach me your statutes.
The assembly of angels was amazed when it saw you among the dead. O Saviour, by destroying the power of death, you raised Adam with you and freed everyone from Hades.

Blessed are you, O Lord; teach me your statutes.
The radiant angel cried to the Myrrhbearers from the tomb, "Why do you women mingle myrrh with your tears? Look at the tomb and understand. The Saviour has risen from the tomb."

Blessed are you, O Lord; teach me your statutes.

The Myrrhbearers ran sorrowfully to your tomb very early in the morning, but an angel came to them and said, "The time for sorrow has come to an end. Do not weep, but announce the resurrection to the apostles."

Blessed are you, O Lord; teach me your statutes.
The Myrrhbearers were sorrowful as they approached your tomb, but the angel said to them: Why do you number the Living among the dead? As God he has risen from the tomb.

Glory:
We worship the Father, his Son and the Holy Spirit, the Holy Trinity, one in Being. We cry with the Seraphim, "Holy, Holy, Holy are you, O Lord."

Both now:
O Virgin, because you gave birth to the Giver of Life, you rescued Adam from his sin. You gave Eve joy instead of sadness. The Divine Man who was born from you has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to you, O God. (X3)
O our God and our hope, glory to you.

Small Litany

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit, now and ever, and to the ages of ages. *Amen*

Ypakói

Read without note

The radiant angel caused amazement through his appearance and brought dew by his words to the myrrhbearing women, "Why do you seek the Living in a grave? The one who has emptied the tomb has risen and has changed corruption, *for he is the Lord* without change. Say to God, 'How fearful are your works, for you have saved the human race!'"

Anaváthmi Tone 3

Antiphon 1 Ps 125

O Word, you freed the captivity of Zion from Babylon,
so pull me from the passions of life in the same way.
Those who sow divine tears in the South
will reap everlasting sheaves with joy.

Glory: Both now:
Every good gift comes from the Holy Spirit,
for he is radiant, together with the Father and the Son;
everything lives and moves in him.

Antiphon 2 Ps 126

If the Lord had not built the house of virtues,
then we would labour in vain;
while he protects the soul no one destroys our city.
The saints are always like the fruit of the womb for you;
O Christ, they have been adopted as sons by the Father
through the inspiration of the Holy Spirit.

Glory: Both now:
All wisdom and holiness are observed in the Holy Spirit,
for he is the essence of all creation.
Let us worship him with the Father and the Word,
for he is God.

Antiphon 3 Ps 127

Happy are those who fear the Lord and walk in his ways;
for they eat the life-giving fruits of the commandments.
O chief Shepherd, rejoice as you see your children
who carry branches of good deeds around your table.

Glory: Both now:
All richness of glory is the Holy Spirit's
and from him come grace and life for all creation,
for he is praised with the Father and the Word.

Prokeimenon Ps 95

R: Say among the nations that the Lord reigns,
and has founded the world which will not be moved.
S: Sing to the Lord a new song.

Small Litany

For you are the King of Peace and Saviour of our souls, and we send up glory to you, to the Father, the Son and the Holy Spirit, always, now and for ever, and to the ages of ages. *Amen*

Kontákion

Read without note

O merciful *Lord*, on this day you rose from the tomb and led us away from the gates of death. Today Adam dances as Eve rejoices. Together with the prophets and patriarchs they continually praise the divine majesty of your power.

Íkos

Let heaven and earth dance today and sing in unison the praises of Christ our God, for he has raised those held captive from the grave. All creation rejoices together and offers suitable hymns to the Creator and Rescuer of all. For today, as the Giver of Life, he pulled mortal man from Hades and raised him to heaven with himself. He has trampled the pride of the enemy and broken the gates of Hades by the divine majesty of his power.

Synaxáron

Today we celebrate the conceiving by Anna of the All-holy Theotokos. On the Ninth she became the grandmother of God, for she conceived the mother of her King.

On the same day we also commemorate the rededication of the Church of Resurrection in Jerusalem after the Seventh Century Persian invasion. The principal feast is on 13 September.

We also remember:

Prophetess Anna, mother of Samuel C10 BC
Abbess Ethelgiva of Shaftesbury C9
Stephen the "New Light" of Constantinople C19
O God, have mercy on us through their holy prayers. *Amen*.

Katavasías

1: Christ is born, glorify him! Christ is from heaven, receive him!
Christ is on earth, be raised! All the earth, sing to the Lord! All you people, praise him with joy, for he has been glorified!

3: Let us cry out to Christ our God, to the Son begotten of the Father before all ages and incarnate from the Virgin without seed in these latter days, "O Lord, you have raised our horn and are holy."

4: O Rod of the stem of Jesse and Flower which bloomed from a virgin, O all-praised Christ, you have come from the mountain covered with darkness. You have been made flesh from the one who did not know marriage. O God not formed from matter, O Lord, glory to your might!

5: God of peace and Father of mercies, you have sent us the Angel of great council who grants us peace. So we are guided to the light of the knowledge of God. O Lover of the human race, we wake early from the night and praise you.

6: The sea-monster spewed Jonah unharmed as it had received him, like a baby from the womb. When the Word came to live in the Virgin and was made flesh, he came out, yet preserved her incorrupt, for he himself was not subject to decay and kept his mother free from harm.

7: The children brought up together in godliness, despised the unjust command, and were not afraid of the threat of fire, but as they stood in the midst of the flames, they sang, "Blessed are you, O God of our fathers!"

8: Let us praise, bless and worship the Lord.

The furnace which was moist with dew, was the image of a wonder beyond nature, for it did not burn the children whom it had received, just as the Fire of Divinity did not consume the Virgin's womb when it entered. So let us raise the song, "Let the entire creation bless the Lord and exalt him above all for ever!"

Gospel Dialogue

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen.*

R: Let everything with breath praise the Lord. *X3*

Praise God in his saints;
praise him in his mighty firmament. *Ps 50*

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy X3*

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to John.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

Eothinón Gospel 6

From the Holy Gospel according to Luke (24:36-53)

At that time, when Jesus rose from the dead, he stood in the midst of his disciples, and said to them, "Peace be with you!"³⁷ But they were startled and frightened, and supposed that they saw a spirit.³⁸ And he said to them, "Why are you troubled, and why do questionings rise in your hearts?"³⁹ See my hands and my feet, that it is I myself; handle me, and see; for a spirit has not flesh and bones as you see that I have."⁴¹ And while they still disbelieved for joy, and wondered, he said to them, "Have you anything here to eat?"⁴² They gave him a piece of broiled fish,⁴³ and he took it and ate before them.⁴⁴ Then he said to them, "These are my words which I spoke to you, while I was still with you, that everything written about me in the law of Moses and the prophets and the psalms must be fulfilled."⁴⁵ Then he opened their minds to understand the scriptures,⁴⁶ and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from the dead,⁴⁷ and that repentance and forgiveness of sins should be preached in his name to all nations, beginning from Jerusalem.⁴⁸ You are witnesses of these things.⁴⁹ And behold, I send the promise of my Father upon you; but stay in the city, until you are clothed with power from on high."⁵⁰ Then he led them out as far as Bethany, and lifting up his hands he blessed them.⁵¹ While he blessed them, he parted from them, and was carried up into heaven.⁵² And they returned to Jerusalem with great joy,⁵³ and were continually in the temple blessing God. *Amen.*

R: Glory to you, O Lord, glory to you.

Resurrection Ode

P/R: Now that we have seen the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. O Christ, we venerate your cross, and praise and glorify your holy resurrection; for you are our God, and we know no one else apart from you. We address your name. All you faithful, come and venerate Christ's holy resurrection. For see, joy has come into all the world through the cross. Let us always bless the Lord and praise his resurrection. For he has destroyed death by death by enduring the cross for us.

Psalm 50

O God, have mercy on me in your abundant mercy
and wipe out my offence through your great pity.

⁴ Wash me thoroughly from my lawless act
and cleanse me from my sin,

⁵ for I know my lawlessness
and my sin is always before me.

⁶ I have sinned against you alone
and done what is evil before you

^{6b} so that you might be right in your words
and overcome when you are judged,

⁷ for see, I was conceived in lawlessness
and my mother desired me in sin,

⁸ for see, you have loved truth
and shown me the mysteries and secrets of your wisdom.

⁹ You will sprinkle me with hyssop and I will be clean;
you will wash me and I will become whiter than snow.

¹⁰ You will make me hear about joy and gladness;
humbled bones will rejoice.

¹¹ Turn your face from my sins
and wipe out all my lawlessness.

¹² O God, make a pure heart within me
and renew an upright spirit within me.

¹³ Do not banish me from your presence
or remove your Holy Spirit from me.

¹⁴ Restore your saving joy to me
and strengthen me with your directing Spirit.

¹⁵ I will teach the lawless your ways
and the ungodly will return to you.

¹⁶ O God, God of my salvation, free me from bloodshed,
then my tongue will rejoice in your justice.

¹⁷ O Lord, you will open my lips
and my mouth will announce your praise,

¹⁸ for if you had wanted sacrifice, I would have given it;
you will not be pleased with burnt offerings.

¹⁹ Sacrifice for God is a broken spirit;
God will not despise a broken and humbled heart.

²⁰ O Lord, be good to Zion in your pleasure
and let the walls of Jerusalem be built,

²¹ then you will be pleased with a just sacrifice,
with an offering and burnt sacrifices;
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of the apostles.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy:

Jesus has risen from the tomb as he foretold
and grants us eternal life and great mercy.

Intercession

Short form

P/D: O God, save your people and bless your inheritance.

Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, and of all the saints. We ask you, only merciful Lord, "Listen to us sinners as we pray to you, and have mercy on us."

Lord have mercy. X12

Through the mercy, compassion and love for the human race of your only-begotten Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages. *Amen.*

Ode 9

My soul glorifies the Lord
and my spirit has rejoiced in God my Saviour. R:

R: *You are* more honourable than the Cherubim
and beyond compare more glorious than the Seraphim.
You gave birth to God the Word without defilement;

O true Theotokos, we glorify you.

- ² For he has regarded his servant's humility;
see, from now all generations will call me blessed. R:
- ³ For the Almighty has accomplished great *things* for me
and his name is holy.
His mercy is from generation to generation
on those who fear him. R:
- ⁴ He has accomplished strength with his arm
and scattered the proud in the imagination of their hearts. R:
- ⁵ He has put down the mighty from *their* thrones
and exalted the humble.
He has satisfied the hungry with good *things*
and dismissed the rich with nothing. R:
- ⁶ He has helped his servant Israel
in remembering his mercy,
as he spoke to our fathers,
to Abraham and his seed for ever. R:

9: I see a strange and most glorious mystery. Heaven is the cave
and the cherubic throne is the Virgin. The manger is the place
where Christ lay. *He* is the God who cannot be contained and
whom we glorify in song.

Small Litany

P: For all the powers of heaven praise you, and to you we send up
glory, to the Father and to the Son and to the Holy Spirit, now and
ever and to the ages of ages. *Amen*

Holy is the Lord

Holy is the Lord our God. X3
Exalt the Lord our God and worship at his footstool.
for he is holy.

Exaposteilária

Tone 6

O Saviour, when you rose from the grave, you revealed yourself as
human by nature. You stood in the midst of the disciples, ate with
them, and taught them about the baptism of repentance. Then you
ascended to your heavenly Father after promising to send them the
Advocate. Glory to your resurrection, most divine and incarnate
God!

Glory: Both now: Tone 3

The Lord listened to the sighing of the holy Anna in his mercy. He
granted her the Virgin who would give birth to the Light which
would illuminate all the ends of the earth in a marvellous manner.
Joachim celebrates with joy and is filled with wonder as he muses
about her.

Praises

Tone 3

Let everything with breath
praise the Lord.
Praise the Lord from the heavens;
praise him in the heights.
To you, O God, is due a song.

Praise him, all his angels;
praise him, all his powers.
To you, O God, is due a song.

S8: This glory will be for all his holy ones.
Come, every nation, and learn the power of the awesome mystery,
for Christ our Saviour, who is the Word from the beginning, was
crucified and willingly suffered burial for our sake. He rose from
the dead so that he might save all things; let us worship him.

S7: Praise God in his saints;
praise him in his mighty firmament.
O Lord, your guards spoke about all the wonders, but the deluded
council filled their right hands with gifts, imagining that they would

then conceal your resurrection which the world glorifies. Have
mercy on us!

S6: Praise him for his mighty *deeds*;
praise him for the abundance of his majesty.

Everything was filled with joy on learning the proof of the
resurrection. Mary Magdalene came to the tomb and found an angel
in radiant clothing sitting on the stone. He said, "Why do you seek
the living among the dead? He is not here, but is risen as he
foretold; he goes ahead of you to Galilee."

S5: Praise him with the trumpet sound;
praise him with lute and harp.

O Master, we see light in your light. For you have risen from the
dead and, as the Lover of the human race, grant salvation to man, so
that the whole creation may glorify you, the only sinless *Lord*.
Have mercy on us!

Tone 2

S4: Praise him with cymbal and dance;
praise him with strings and flute.

O Adam and Eve, lay aside your sorrow. See, an infertile womb
marvellously produces fruit today. She is the mother of our Joy.

S3: Praise him with tuneful cymbals;
praise him with joyful cymbals.

Let everything with breath praise the Lord.
O father Abraham, and all you patriarchs, rejoice greatly when you
see your seed bloom. She is the Theotokos.

S2: I truly waited for the Lord. ps 39

O choir of the prophets, rejoice exceedingly. For see, today Anna
produces the holy Fruit which you prophesied.

S1: He set my feet on a rock. ps 39

O ends of the earth, rejoice! See, the infertile mother today
conceives the one who, without seed, will bear the Creator of all.

Glory: Tone 6

O Christ, since you are the true peace of God to man, you granted
peace to your disciples after your resurrection. You revealed their
fear when they thought they saw a spirit, but by showing them your
hands and feet, you eased the anxiety of their souls. They still
doubted, but you took food with them, reminded them about your
teaching and opened their minds to understand the Scriptures. You
made the eternal covenant with them. After blessing them, you rose
and ascended into heaven. Therefore, together with them, we
worship you. O Lord, glory to you!

Both now: Tone 2

O Virgin Theotokos, you are most blessed, for through the One
who was born of you, Hades has been captured and Adam recalled.
The curse has been annulled, and Eve set free. Death has been
slain, so we are given life. Blessed is Christ our God, whose good
will it was. Glory to you!

Great Doxology

Glory to you who have shown us the light!
glory to God in the highest!

Peace on earth and goodwill to men!

² We praise you, we bless you, we worship you,
we glorify you, we thank you for your great glory,

³ O Lord King, heavenly God, almighty Father,
O Lord, only-begotten Son, Jesus Christ,
and you, O Holy Spirit!

⁴ O Lord God, Lamb of God, Son of the Father,
you take away the sin of the world;
have mercy on us,

for you take away the sin of the world.

⁵ Receive our prayer,
for you sit on the right of the Father,
and have mercy on us.

⁶ For only you are holy, only you are Lord,

- O Jesus Christ, to the glory of God the Father. Amen.
⁷ I will bless you every day
 and always praise your name for ever and ever. Ps 144
⁸ O Lord, allow us this day
 to be guarded from sin.
⁹ Blessed are you, O Lord God of our fathers!
 Praised and glorified be your name for ever. Amen. Daniel 3
¹⁰ O Lord, let your mercy *be* on us,
 for we have hoped in you. Ps 32.
¹⁶ Blessed are you, O Lord!
 Teach me your statutes. X3 Ps 118
¹² O Lord, you have been our refuge
 from generation to generation. Ps 89
 I said, "O Lord, have mercy on me;
 heal my soul, for I have sinned against you." Ps 40
¹⁴ O Lord, I have fled to you;
 teach me to do your will, for you are my God. Ps 142
¹⁵ For with you is the source of life
 and in your light we will see light. Ps 35
¹⁶ Stretch out your mercy
 to those who know you. Ps 35

Triságion

Resurrection Troparion

Today salvation has come to the world. Let us sing to the one who rose from the dead, the Author of our life. When he destroyed death by death, he gave us victory and great mercy.

LITURGY

Antiphon 1 Ps 91

S1: It is good to thank the Lord
 and make melody to your name, O Most High.

R: At the prayers of the Theotokos, Saviour, save us!

- S2: To announce your mercy in the morning
 and your truth by night,
 S3: For the Lord our God is upright
 and there is no injustice in him.
 S4: Glory: Both now:

Antiphon 2 Ps 92

S1: The Lord reigns *and* is clothed with majesty;
 the Lord has put on power and clothed himself,

R: Save us, O Son of God.
 You arose from the dead
 We sing to you, "Alleluia!"

- S2: For he founded the world
 which will not be moved.
 S3: Your throne *was* made ready in the past;
 you are from eternity.
Monogenes

Antiphon 3 Ps 94 Tone 3

S1: Come, let us rejoice in the Lord,
 and shout with joy to God our Saviour.

R: Let the heavens rejoice and let the earth be glad, for the Lord has shown strength with his arm. He has trampled down death by death and become the first born from the dead. He has rescued us from the depths of Hades and granted great mercy to the world.

- S2: Let us enter his presence with thanksgiving
 and gladly cry to him with psalms,
 S3: For the Lord is a great God
 and a high king over all the earth.

Entrance Ps 94

Come, let us worship and fall down before Christ.

Save us, O Son of God.
 You arose from the dead.
 We sing to you, "Alleluia!"

Apolytikia

Tone 3

Let the heavens rejoice and let the earth be glad, for the Lord has shown strength with his arm. He has trampled down death by death and become the first born from the dead. He has rescued us from the depths of Hades and granted great mercy to the world.

Tone 4

Today the bonds of infertility are broken; God has heard the prayers of Joachim and Anna. He has promised them beyond all their hopes to bear the Maiden of God by whom the *Lord* who cannot be contained will be born as mortal man. He commanded an angel to cry to her, "Hail, Full of Grace; the Lord is with you!"

Of the Church

Kontákion

Tone 3

Today the Virgin comes to the cave where she will ineffably give birth to the pre-eternal Word. O inhabited earth, rejoice when you hear the news! Glorify with the angels and shepherds the one who chose to be revealed as a new born Child, *yet was* God before the ages.

Trisagion

Prokeímenon Ps 63 Tone 7

R: The just will rejoice in the Lord.
 S: O God, listen to my voice.

Apóstolos

From the Letter of Paul to the Galatians (4:22-27)

Brothers, it is written that Abraham had two sons, one by a slave and one by a free woman. ²³But the son of the slave was born according to the flesh, the son of the free woman through promise. ²⁴Now this is an allegory: these women are two covenants. One is from Mount Sinai, who bears children for slavery; she is *called* Hagar. ²⁵Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. ²⁶But the Jerusalem above is free and she is our mother. ²⁷For it is written, "Rejoice, O barren *woman* who cannot give birth! You who are not in travail, break out and shout, for the children of the desolate *woman* are many more than the children of the one who is married."

Alleluia Ps 91 Tone 4

S1: The just *person* will flourish like a palm tree
 and grow like a cedar in Lebanon.
 S2: Those who are planted in the house of the Lord
 will blossom in the courts of our God.

Gospel Sunday Luke 10

The healing of the crippled woman

From the Holy Gospel according to Luke (13:10-17)

At that time Jesus was teaching in one of the synagogues on the Sabbath. ¹¹ And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. ¹² And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." ¹³ And he laid his hands upon her, and immediately she was made straight, and she praised God. ¹⁴ But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." ¹⁵ Then the Lord answered him, "You hypocrites! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? ¹⁶ And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" ¹⁷ As he said this, all his adversaries were put to

shame; and all the people rejoiced at all the glorious things that were done by him.

Communion Ps 148

Praise the Lord from the heavens;
praise him in the heights. Alleluia!