

**8 MAY (Paschaltide)**  
**+ John the Theologian C1**  
**Arsénios the Great C5**

**VESPERS**

**Lord I have cried**

Tone 1

O Lord, I have cried to you, listen to me;

O Lord, listen to me.

O Lord, I have cried to you, listen to me;

Note the voice of my plea when I cry to you.

O Lord, listen to me.

<sup>2</sup> Let my prayer be directed before you like incense,  
the raising of my hands be an evening sacrifice.

O Lord, listen to me.

S6: O Lord, if you mark offences, who will stand?

But there is forgiveness with you.

The observer of ineffable revelations, the interpreter of the mysteries of God on high, the son of Zebedee, has recorded the gospel of Christ for us. He has taught us to acknowledge God as Father, Son and Holy Spirit.

S5: O Lord, I have waited for you for your name's sake;

my soul has waited for your word,

my soul has hoped in the Lord.

When the divinely inspired instrument for the songs of heaven had written down its secrets for us, he marvellously sang the Song of Songs. He prays for us to be saved with words from his mouth like music from a harp.

S4: Let Israel hope in the Lord

from morning watch until night,

from morning watch.

O dear apostle, you declare the hidden word of God's wisdom with your tongue which resounds like thunder. You open your mouth to cry, "In the beginning was the Word," and so enlighten the entire human race with the knowledge of God."

Tone 8

S3: For there is mercy with the Lord  
and abundant redemption with *him*.

He will redeem Israel from all his offences.

O divinely-minded father Arsénios, your tears of repentance cleansed you and brought you into loving communion with God whom you learnt to know. You are a brilliant pillar of devotion, the pride of monks and have been kindled with reverence for God. Guard us all through your prayers.

S2: Every nation, praise the Lord;  
every people, acclaim him!

O renowned father Arsénios, God made you shine with the radiance of light when you searched for him. You thirsted for that light, left the royal court, settled in the desert and enjoyed the inheritance of Christ.

S1: For his mercy is strengthened over us  
and the truth of the Lord remains for ever.

You have been favoured with wisdom and understanding. You have been adorned with virtues and glory. Because you were on fire with the love of God, you contended for divine things. You fled to Egypt, where you embraced the monastic life and exchanged your past noble life for the glory of heaven.

Glory: Tone 2

Let us give suitable praise to the son of thunder, the source of divine words, the chief theologian and the first to proclaim the truths of the teachings about the wisdom of God. He is John, the dear one and virgin. When he was divinely inspired from within, he said, "In the beginning was the Word." He taught that he is inseparable from the Father, equal to him in nature and revealed to us the correct worship of the Trinity. You have also revealed to us the Creator, who being with the Father and bearing life, showed us the true light. O awesome and fearful wonder! As you were filled with love, you were filled with divine speech. You were filled with the glory, belief and honour which confirm our undivided faith, and through which we attain eternal good on the day of judgement.

Both now:

*From the Pentecostarion*

## *Entrance*

### **Phos Ilarón**

P/D: Wisdom! Stand upright!  
O Jesus Christ, joyful light of the holy glory  
of the immortal, heavenly, holy, blessed Father,  
when we come to the setting of the sun  
and see the light of evening,  
we praise God: Father, Son and Holy Spirit.

For it is right at all times to worship you  
with voices of praise,  
O Son of God *and* Giver of life.  
Therefore the world glorifies you.

### **Prokeímenon**

*Of the Day*

### **Reading 1**

From the First Letter of John (3:21-4:5)

Dear people, if our hearts do not condemn us, we have confidence before God; <sup>22</sup>and we receive from him whatever we ask, because we keep his commandments and do what pleases him. <sup>23</sup>And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. <sup>24</sup>All those who keep his commandments remain in him, and he in them. And in this we know that he remains in us, by the Spirit which he has given us. <sup>1</sup>Dear people, do not believe every spirit, but test the spirits to see whether they are from God; for many false prophets have gone out into the world. <sup>2</sup>In this you know the Spirit of God: every spirit which confesses that Jesus Christ has come in the flesh is from God, <sup>3</sup>and every spirit which does not confess Jesus is not from God. This is the spirit of antichrist, of which you heard that it was coming, and now it is in the world already. <sup>4</sup>Little children, you are from God and have overcome them, for the one who is in you is greater than the one who is in the world. <sup>5</sup>They are from the world, therefore what they say is from the world, and the world listens to them. <sup>6</sup>We are from God. Whoever knows God listens to us, and the one who is not from God does not listen to us. In this we know the spirit of truth and the spirit of error.

## Reading 2

From the First Letter of John (4:11-16)

Dear people, if God so loved us, we also ought to love one another. <sup>12</sup>No man has ever seen God. If we love one another, God lives in us and his love is perfected in us. <sup>13</sup>In this we know that we live in him and he in us, because he has given us his own Spirit. <sup>14</sup>And we have seen and testify that the Father has sent his Son as the Saviour of the world. <sup>15</sup>Whoever confesses that Jesus is the Son of God, God lives in him, and he in God. <sup>16</sup>So we know and believe the love which God has for us. God is love, and the one who lives in love lives in God, and God lives in him.

## Reading 3

From the First Letter of John (4:20-5:5)

Dear people, if anyone says, "I love God," and hates his brother, he is a liar, for the one who does not love his brother whom he has seen, cannot love God whom he has not seen. <sup>21</sup>And we have this commandment from him, that the one who loves God should love his brother also. <sup>1</sup>Everyone who believes that Jesus is the Christ is a child of God, and everyone who loves the parent loves the child. <sup>2</sup>In this we know that we love the children of God, when we love God and obey his commandments. <sup>3</sup>For this is the love of God, that we keep his commandments. And his commandments are not onerous. <sup>4</sup>For whatever is born from God overcomes the world; and this is the victory that overcomes the world, our faith. <sup>5</sup>Who is it that overcomes the world, but the one who believes that Jesus is the Son of God?

## Ektení

### Prayer

O Lord, allow us this night to be guarded from sin. Blessed are you, O Lord, God of our fathers! Praised and glorified be your name for ever. Amen. O Lord, let your mercy be on us, for we have hoped in you. Blessed are you, O Lord; teach me your statutes. Blessed are you, O Master; make me understand your statutes. Blessed are you, O Holy *One*; enlighten me with your statutes. O Lord, your mercy lasts for ever; do not overlook the work of your hands. To you belongs worship, to you belongs praise, to you belongs glory, to the Father, the Son and the Holy Spirit, both now and ever, and to ages of ages. Amen.

## **Plirotiká**

### **Prayer**

P: Peace be with you all. R: And with your spirit

D: Bow down your heads to the Lord. R: To you, O Lord.

P: For blessed and glorified is the power of your Kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

*Amen.*

### **Lití**

Tone 4

O dear Disciple, you reclined on the breast of Christ at the supper of the Lord and drew ineffable mysteries from it which you were allowed to reveal. Your heavenly voice thundered out to all, "In the beginning was the Word, and the Word was with God, and the Word was God." He is Christ our God, the Saviour of our souls and the true Light who enlightens everyone who comes into the world.

### **Apósticha**

Tone 4

O faithful, come today and crown with our songs of praise the glorious and dear apostle John. He is full of wisdom and the teacher of Orthodoxy. He thundered, "In the beginning was the Word." He revealed himself as the powerful and thundering preacher of the Gospel to the whole world.

S1: His sound has gone out into all the earth

and his words to the ends of the world. Ps 18

You are a close friend of Christ the teacher. As a man inspired by God, when you leant against his breast, you drew from it precepts of wisdom to enrich the whole world. The Church treasures your teachings and rejoices in you.

S2: The heavens declare God's glory

*and* the firmament speaks about his handiwork. Ps 18

Hail, O divine John! Hail, O son of the Lord's Mother, for you stood beside the cross of Christ and heard the voice of the divine Master when he

instructed you, "See, your Mother!" Therefore we all rightly bless you as a divine and blessed apostle of Christ.

Glory: Tone 6

O apostle of Christ, evangelist and divine teacher, you were an initiate of ineffable things. You made teaching plain to the faithful, as you thundered to us, "In the beginning was the Word!" You threw aside the words of heretics who said, "He was not." You were openly the bosom friend and dear one, like the prophet Isaiah, and like Moses who saw God. Since you have boldness before him, continually pray for our souls.

Both now:

*From the Pentecostarion*

### **Song of Simeon**

B/P: O Master, now let your servant depart in peace  
according to your word,  
<sup>2</sup> for my eyes have seen your salvation,  
which you have prepared before all peoples,  
<sup>3</sup> a light of revelation for *the* nations  
and *the* glory of your people Israel.

### **Triságion Prayers**

#### **Apolytikia**

Tone 2

O beloved apostle of Christ our God, come quickly and rescue your helpless people, for the one on whose breast you leant will accept you as an advocate. O Theologian, plead with him to disperse the clouds of darkness, and to grant us peace and great mercy.

Tone 8

You cultivated the barrenness of the desert with the flood of your tears. You bore fruit abundantly with sighing from the depths of your heart. You became a star and enlightened the world with your wonders. Our devout father Arsénios, intercede with Christ to save our souls.

*From the Pentecostarion*

## Dismissal

### ORTHROS

#### God is the Lord Ps 117

R: God is the Lord and has appeared to us.

Blessed is the one who comes in the Lord's name. *Ps 117*

S1: Thank the Lord, for he is good,  
for his mercy lasts for ever.

S2: All the nations surrounded me,  
but I opposed them in the Lord's name.

S3: This *is* the Lord's doing  
and it is wonderful in our eyes.

#### Apolytikia

Tone 2

O beloved apostle of Christ our God, come quickly and rescue your helpless people, for the one on whose breast you leant will accept you as an advocate. O Theologian, plead with him to disperse the clouds of darkness, and to grant us peace and great mercy.

Tone 8

You cultivated the barrenness of the desert with the flood of your tears. You bore fruit abundantly with sighing from the depths of your heart. You became a star and enlightened the world with your wonders. Our devout father Arsénios, intercede with Christ to save our souls.

*From the Pentecostarion*

#### Small Litany

P: For yours is the might, and yours is the kingdom, the power and the glory of the Father, the Son and Holy Spirit, now and ever and to the ages of ages. *Amen*

#### Kathísma 1

Tone 1

After you had become the disciple of Christ, you have taught all the people about the Master. O apostle John, you have illuminated the world by

instructing us about Christ. Therefore we rightly call you a preacher, theologian and dear friend of Christ.

Glory: Both now:

*From the Pentecostarion*

### **Kathísma 2**

Tone 8

You had the familiarity of a disciple as you leant on the breast of Jesus and asked whom his betrayer would be. The answer was given through the mystery of the bread because you are his dear friend. When you had understood the depths of theology, you taught the world about the incarnation of the Word. O apostle and theologian John, pray to Christ for the forgiveness of sins for those who keep your holy memory with love.

Glory: Both now:

*From the Pentecostarion*

*Polyeleos*

### **Kathísma 3**

Tone 4

O faithful, let us celebrate the memory of the apostle John, for his feast today sheds light over all the world. He is the true theologian of the Lord and has been revealed as the true friend of Christ. Therefore the Master grants healing to those who honour him.

Glory: Both now:

*From the Pentecostarion*

### **Small Litany**

P: For blessed is your name, and glorified is your kingdom, of the Father and of the Son and of the Holy Spirit. *Amen*

### **Anaváthmi Ps 128 Tone 4**

- 1: Many passions have fought against me from my youth,  
but help me and save me, O my Saviour. *X2*
- 2: Those who hate Zion will be shamed by the Lord;  
they will be withered like grass by the fire. *X2*



Glory:

3: Every soul lives through the Holy Spirit, is exalted in purity and illuminated by the Triune Unity in a sacred mystery.

Both now:

4: The streams of grace pour out through the Holy Spirit; they water all creation and produce life.

### **Prokeímenon Ps 18 Tone 4**

R: His sound has gone out into all the earth. Ps 18

S: The heavens declare God's glory.

### **Gospel Dialogue**

P/D: Let us pray to the Lord. *Lord have mercy*

P: For you, O God, are holy *and* rest in the Holy Place. We send up glory to you, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen.*

R: Let everything with breath praise the Lord. X3

Praise God in his saints;

praise him in the firmament of his power. Ps 50

P/D: And that we may be counted worthy to listen to the Holy Gospel, let us pray to the Lord our God. *Lord have mercy X3*

P/D: Wisdom. Stand up. Let us listen to the Holy Gospel.

P: Peace be with you all. *And with your spirit*

P: A reading from the Holy Gospel according to Luke.

P/D: Let us attend

R: Glory to you, O Lord, glory to you.

### **Gospel**

From the Holy Gospel according to John (21:15-25)

At that time Jesus said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." <sup>16</sup> A second time he said to him, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." <sup>17</sup> He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep." <sup>18</sup> Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when

you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go.”<sup>19</sup> (This he said to show by what death he was to glorify God.) And after this he said to him, "Follow me.”<sup>20</sup> Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, "Lord, who is it that is going to betray you?”<sup>21</sup> When Peter saw him, he said to Jesus, "Lord, what about this man?”<sup>22</sup> Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!"<sup>23</sup> The saying spread abroad among the brothers that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?”<sup>24</sup> This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true.<sup>25</sup> But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

R: Glory to you, O Lord, glory to you.

### **Psalm 50**

O God, have mercy on me in your abundant mercy  
and wipe out my offence through your great compassion.  
<sup>4</sup> Wash me thoroughly from my lawless act  
and cleanse me from my sin.  
<sup>5</sup> For I know my lawlessness  
and my sin is always before me.  
<sup>6</sup> I have sinned against you alone  
and done this evil before you  
<sup>6b</sup> so that you might be justified in your words  
and overcome when you are judged.  
<sup>7</sup> For see, I was conceived in lawlessness  
and my mother gave birth to me in sin.  
<sup>8</sup> For see, you have loved truth  
and revealed to me the hidden and secret *things* of your wisdom.  
<sup>9</sup> You will sprinkle me with hyssop and I will be clean;  
you will wash me and I will become whiter than snow.  
<sup>10</sup> You will make me hear about joy and gladness;  
the humbled bones will rejoice.  
<sup>11</sup> Turn your face from my sins  
and wipe out all my lawlessness.

- <sup>12</sup> O God, create a pure heart within me  
and renew an upright spirit within me.
- <sup>13</sup> Do not banish me from your presence  
or remove your Holy Spirit from me.
- <sup>14</sup> Restore the joy of your salvation to me  
and make me firm with your directing Spirit.
- <sup>15</sup> I will teach the lawless your ways  
and the ungodly will return to you.
- <sup>16</sup> O God, set me free from the guilt of blood;  
O God of my salvation,  
my tongue will rejoice in your justice.
- <sup>17</sup> O Lord, you will open my lips  
and my mouth will proclaim your praise.
- <sup>18</sup> For if you had wanted sacrifice, I would have given it;  
you will not be pleased with burnt offerings.
- <sup>19</sup> Sacrifice for God is a broken spirit;  
God will not despise a broken and humbled heart.
- <sup>20</sup> O Lord, be good to Zion in your pleasure  
and let the walls of Jerusalem be built.
- <sup>21</sup> Then you will be pleased with a sacrifice of justice,  
with an offering and burnt sacrifices;  
then they will offer calves on your altar.

Glory: Tone 6

O merciful *Lord*, blot out the abundance of our offences through the prayers of your apostle.

Both now:

O merciful *Lord*, blot out the abundance of our offences through the prayers of the Theotokos.

Have mercy: Tone 2

O faithful, come and bless the highest of the apostles, John. *He is* the trumpet of theology, the spiritual general who conquered the whole inhabited earth and the disciple worthy of our hymns. After he had been promoted from earth to heaven, he did not stay aloof from it, but lives in heaven as he waits for the dreadful second coming of the Master. O spiritual friend of Christ, you rested on his bosom, so request that those of

us who lovingly celebrate your sacred memory, may meet him without condemnation.

### **Intercession**

P/D: O God, save your people and bless your inheritance.

Visit your world with mercy and compassion; exalt the horn of Orthodox Christians and send down on them your rich mercy, through the prayers of our all-pure Lady, Theotokos and Ever-virgin Mary, by the power of the honourable and life-giving cross, through the protection of the honourable bodiless powers of heaven, through the prayers of the honourable, glorious, prophet, Forerunner and Baptist John, of the holy, glorious, all-praised apostles, of the holy, all-praised and victorious martyrs, of our holy and God-bearing fathers, of the holy and just forebears of God, Ioachim and Anna, of the holy apostle and theologian John, and of all the saints. We ask you, only merciful Lord, “Listen to us sinners as we pray to you, and have mercy on us.”

*Lord have mercy. X12*

Through the mercy, compassion and love for the human race of your uniquely-fathered Son, with whom you are blessed, together with the all-holy, good and life-giving Spirit, now and ever and to the ages of ages.  
*Amen.*

### **Kontákia**

Tone 2

O God-bearing Arsénios, you followed angelic ways while you lived a human life. Therefore you stand before the Master with the angels and request divine forgiveness for us all.

O virgin disciple, who can declare your greatness? As a fountain of healing you flow with miracles and intercede for our souls as theologian and friend of Christ.

### **Íkos**

It is presumptuous and beyond our reach to try to gain complete understanding of the heights of heaven and the depths of the sea. In the same way it is impossible to count all the stars, the sand on the seashore, or to speak adequately of the Theologian who has been crowned with so

many crowns by Christ whom he loved. For he leant on his breast and ate with him at the last supper as the theologian and friend of Christ.

### **Synaxárian**

Today we remember the ash or Manna produced by the tomb of the holy apostle and evangelist John the Theologian. It was not food, but gave strength. After the repose of the Theotokos John preached the Gospel in Asia Minor and cared for the churches there. (Apoc 2 and 3) When persecution broke out he was exiled to Patmos. On the Eighth we celebrate his office and call to mind the heavenly dew.

On the same day we remember our renowned father Arsénios the Great of Skiti who lived in the Fifth Century. He was born into a noble Roman family, but retired to Egypt to live as a hermit. Although he wanted to live unknown to anyone, his passing could not escape notice.

Together with them we remember:

Ascetic Pimen of the Kiev Caves C12

Lover-of-labour Arsénios of the Kiev Caves C 14

O God, have mercy on us through their holy prayers. Amen.

### **Katavasías**

*Pascha until Saturday before Blind Man, and Pascha Farewell*

1: It is the day of Resurrection; O people, let us be radiant. It is Pascha, the Pascha of the Lord, for Christ God has made us pass from death to life and from earth to heaven and we sing the triumphal song.

3: Come and drink a new drink, not one miraculously produced from a barren rock, but from the Spring of incorruption which pours out from the tomb of Christ in whom we are made firm

4: Let the Prophet Habakuk who was inspired by God, stand with us in the divine guard. Let him point out the radiant Angel, who announces with resounding voice, “To-day there is salvation for the world, for Christ has risen as the almighty *Lord*.”

5: Let us rise before the dawn and offer praise to the Master instead of myrrh. We shall see Christ, the Sun of justice who makes life dawn for everyone.

6: O Christ, you descended into the deepest parts of the earth and shattered the eternal shackles of those that those who were chained. On the third day you rose from the tomb like Jonah from the whale.

7: The one who set free the children from the furnace, becomes man and suffers as a mortal. The one who is the only blessed and most glorious God of our fathers clothes the mortal through suffering with the splendour of incorruption.

8: Let us praise, bless and worship the Lord.  
This is the chosen and holy day, the first of Sabbaths, the Queen and Lady, the Feast of Feasts, and the Festival of Festivals on which we bless Christ for ever.

### Ode 9

**M**y soul glorifies the Lord  
and my spirit has rejoiced in God my Saviour. **R**

**R:** *You are* more honourable than the Cherubim  
and beyond compare more glorious than the Seraphim.  
You gave birth to God the Word without defilement;  
O true Theotokos, we glorify you.

<sup>2</sup> For he has regarded his servant's humility;  
see, from now all generations will call me blessed. **R**

<sup>3</sup> For the Almighty has accomplished great *things* for me  
and his name is holy.

His mercy is from generation to generation  
on those who fear him. **R**

<sup>4</sup> He has accomplished strength with his arm  
*and* scattered the proud in the imagination of their hearts. **R**

<sup>5</sup> He has put down the mighty from *their* thrones  
and exalted the humble.

He has satisfied the hungry with good *things*  
and dismissed the rich with nothing. **R**

<sup>6</sup> He has helped his servant Israel  
in remembering his mercy,  
as he spoke to our fathers,  
to Abraham and his seed for ever. **R**

9: The Angel cried to her who is full of grace, “Rejoice, O pure Virgin, rejoice!” And again I say, “Rejoice!” for your Son has risen from the tomb on the third day.

Shine, shine, O new Jerusalem, for the glory of the Lord has dawned on you. O Sion, dance now and rejoice and you, O pure Theotokos, also rejoice at the resurrection of the one whom you bore.

### **Katavasías**

*Blind Man Sunday until Tuesday before Pascha Farewell*

1: Let us praise our God and only Saviour, who led his people with dry feet in the sea, drowning Pharaoh and all his soldiers, for he is glorified.

3: O Christ, strengthen my mind by the power of your cross, so that I may praise and glorify your saving ascension.

4: O Lord, I have truly heard about the might of your cross, through which Paradise was thrown open. Therefore I cried, “Glory to your might, O Lord.”

5: O Lord, we come to you early in the morning. Save us, for you are our God, and we know no other except you.

6: O Lord, the deep has surrounded me, and the whale has become my tomb. But, O Lover of the human race, I cried to you, and you saved me with your right hand.

7: You saved the youths, who praised you, from the midst of the consuming fire. Blessed are you, O God of our fathers!

**8:** Let us praise, bless and worship the Lord.

O priests, praise God the Son, begotten from the father before the ages, who was born from a Virgin Mother in these last days. O nations, exalt him more and more until the end of time.

### **Ode 9**

*Above*

9: Let us believers glorify you with one voice, for you gave birth in time to the timeless Word. You became the Theotokos in a way that transcends every understanding and speech.

### **Small Litany**

P: For all the powers of heaven praise you, and to you we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and to the ages of ages. *Amen*

### **Exaposteilária**

Tone 2

As a son of thunder, you spoke loudly to mortals about God when you said, “In the beginning was the Word.” O apostle John, you leant faithfully on the breast of your Master and drew out streams of theology with which you enriched the whole creation.

Tone 2

O holy monk Arsénios, you submitted to the divine law of the Master. You left the world and took up your cross to follow him with rejoicing. You gave yourself to fasting, prayer, tears, sleepless vigils and holy quietness. In this way, O wise *monk*, you were calmed by the Holy Spirit.

*From the Pentecostarion*

### **Praises**

Tone 8

Let everything with breath praise the Lord.

Praise the Lord from the heavens;

praise him in the heights.

To you, O God, is due a song.

Praise him, all his angels;



praise him, all his powers.  
To you, O God, is due a song.

S4: Praise him with cymbal and dance;  
praise him with strings and flute.

Most wise and blessed John, because of the warmth of your love for Christ, you were the best-loved of the disciples by the all-seeing Word who justly judges the world. O divinely-blessed *apostle*, you were radiant in body and mind through the beauty of chaste purity.

S3: Praise him with tuneful cymbals;  
praise him with joyful cymbals.  
Let everything with breath praise the Lord.

O flower of virginity, *you were* an acceptable home of virtues, a musical instrument of wisdom, a temple of the Spirit, a voice bringing the light of grace, and a brilliant and treasured eye of the Church. Let us all now praise with songs John the servant of Christ.

S2: His sound has gone out into all the earth  
and his words to the ends of the world. Ps 18

O foremost disciple John, you leant on the Breast of wisdom and drew out streams of theology which flow throughout the world. Through knowledge of the Trinity you dried up the sea of ungodly deeds. Like a pillar and cloud you lead us into the heavenly kingdom.

S1: The heavens declare God's glory  
*and* the firmament speaks about his handiwork. Ps 18

O godly minded father Arsénios, after leaving the tumult of the world, you rose to the greatest of heights. O blessed *saint*, you reached your desire, which was indeed the Source of good things. You were ablaze with such enlightenment. Save us from the darkness of sin through your prayers.

Glory: Tone 8

O John the Evangelist, equal of the angels, divinely taught virgin theologian, you announced to the world in Orthodox teaching, the flesh of the undefiled side from which blood and water flowed, and by which we obtain eternal life for our souls.

Both now:

### **Great Doxology**

Glory to you who have shown us the light!

glory to God in the highest!

Peace on earth and goodwill to men!

<sup>2</sup> We praise you, we bless you, we worship you,  
we glorify you, we thank you for your great glory,

<sup>3</sup> O Lord King, heavenly God, almighty Father,  
O Lord, only-begotten Son, Jesus Christ,  
and you, O Holy Spirit!

<sup>4</sup> O Lord God, Lamb of God, Son of the Father,  
you take away the sin of the world;

have mercy on us,

*for* you take away the sin of the world.

<sup>5</sup> Receive our prayer,  
*for* you sit on the right of the Father,  
and have mercy on us.

<sup>6</sup> For only you are holy, only you are Lord,  
O Jesus Christ, to the glory of God the Father. Amen.

<sup>7</sup> I will bless you every day  
and always praise your name for ever and ever. Ps 144

<sup>8</sup> O Lord, allow us this day  
to be guarded from sin.

<sup>9</sup> Blessed are you, O Lord God of our fathers!  
Praised and glorified be your name for ever. Amen. Daniel 3

<sup>10</sup> O Lord, let your mercy *be* on us,  
for we have hoped in you. Ps 32.

<sup>16</sup> Blessed are you, O Lord!  
Teach me your statutes. X3 Ps 118

<sup>12</sup> O Lord, you have been our refuge  
from generation to generation. Ps 89

I said, "O Lord, have mercy on me;  
heal my soul, for I have sinned against you." Ps 40

<sup>14</sup> O Lord, I have fled to you;  
teach me to do your will, for you are my God. Ps 142

<sup>15</sup> For with you is the source of life  
and in your light we will see light. Ps 35

<sup>16</sup> Stretch out your mercy

to those who know you. Ps 35

## **Triságion**

### **Apolytíkion**

Tone 2

O beloved apostle of Christ our God, come quickly and rescue your helpless people, for the one on whose breast you leant will accept you as an advocate. O Theologian, plead with him to disperse the clouds of darkness, and to grant us peace and great mercy.

## **LITURGY**

### **Antíphon 1 Ps 65 Tone 2**

S1: All the earth, shout with joy to the Lord;

R: Through the prayers of the Theotokos, Saviour, save us.

S2: Make melody to his name

*and* give glory in his praise.

S3: Say to God, "How fearful are your works!

Your enemies will cringe before you

because of the greatness of your power."

S4: Let all the earth worship you and sing to you;

O Most High, let them make melody to your name.

S5: Glory: Both now:

### **Antíphon 2 Ps 66 Own Tone**

S1: May God be compassionate to us and bless us;

may he cause his face to shine on us

and be merciful to us.

R: Save us, O Son of God.

You have risen from the dead.

We sing to you, "Alleluia!"

S2: May we know your way on earth,

your salvation among all the nations.

S3: O God, let the peoples acknowledge you

*and* all the peoples thank you.

S4: May God bless us

and all the ends of the earth fear him.

S5: Glory: Both now:

*Monogenes*

### **Antiphon 3 Ps 67 & 117 Tone 8**

S1: Let God arise and let his enemies be scattered;

let those who hate him take flight from his presence.

R: Christ is risen from the dead! He has trampled down death by death and granted life to those in the tombs.

S2: As smoke vanishes, so let them vanish,  
as wax melts before the fire,

S3: So let sinners perish at the presence of God;  
let the just be festive.

S4: This *is* the day which the Lord has made;  
let us rejoice and be glad in it.

S5: Glory: Both now:

### **Entrance Ps 67 Tone 5**

Bless God, in *the* assemblies,  
the Lord from the springs of Israel.

Save us, O Son of God!

You arose from the dead.

We sing to you, "Alleluia!"

### **Apolytikia**

*From the Pentecostarion*

Tone 2

O beloved apostle of Christ our God, come quickly and rescue your helpless people, for the one on whose breast you leant will accept you as an advocate. O Theologian, plead with him to disperse the clouds of darkness, and to grant us peace and great mercy.

Tone 8

You cultivated the barrenness of the desert with the flood of your tears.  
You bore fruit abundantly with sighing from the depths of your heart.  
Becoming a star, you enlightened the world with your wonders. Our  
devout father, Arsénios, intercede with Christ to save our souls.

*Of the Church*

**Kontákion**

*Pascha to Farewell, except below*

Tone 8

O immortal *Lord*, although you descended into the grave, yet you  
overthrew the power of Hades; O Christ *our* God, you rose as conqueror.  
You greeted the women bearing myrrh, saying, “Rejoice!” As you grant  
resurrection to the fallen, you give peace to your apostles.

**Kontákion**

*Thomas Week*

Tone 8

O Christ *our* God, Thomas touched your life-giving side with an eager  
hand when you came to your apostles through closed doors. He cried out  
to all, “You are my Lord and my God!”

**Kontákion**

*Mid-Pentecost Week*

Tone 4

Christ God, the Creator and Master of all cried to all in the midst of the  
feast of the law, “Come and draw the Water of immortality. We fall  
before you and faithfully cry, “Grant us your bounties, for you are the  
Source of our Life.”

**Triságion**

**Prokeímenon Ps 18 Tone 8**

R: His sound has gone out into all the earth.

S: The heavens declare God’s glory.

**Apóstolos**

From the First Catholic Letter of John (1:1-7)

*We proclaim to you* what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life -- <sup>2</sup>the life was revealed, we saw it, testify to it and proclaim to you the eternal life which was with the Father and was revealed to us -- <sup>3</sup>what we have seen and heard, we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. <sup>4</sup>And we are writing this that our joy may be complete. <sup>5</sup>This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. <sup>6</sup>If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth. <sup>7</sup>But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

### **Alleluia Ps 88 Tone 1**

S1: O Lord, the heavens will acknowledge your wonders.

S2: God is glorified in a council of the saints.

### **Gospel**

From the Holy Gospel according to John (19:25-27, 21:24-25)

At that time standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Mag'dalene. <sup>26</sup> When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, your son!" <sup>27</sup> Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home. <sup>24</sup> This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. <sup>25</sup> But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

### **Communion Ps 111**

The just will be in everlasting remembrance. Alleluia!

### **Post Communion**

Christ is risen from the dead!

He has trampled death with death  
and granted life to those in the tombs.